



# Practical All-Tissue Laser Assisted Dentistry

141st SCDA Annual Session

May 1st, 2010

Embassy Suites Hotel Kingston Plantation

Myrtle Beach, SC



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Bruce L. Cassis, DDS, MAGD, MWCLI  
138 Lively St.  
Fayetteville, WV 25840  
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doc@cassisdentalcenter.com

# Professional Disclosure

I am not an employee nor do I own stock in any company or product mentioned in this presentation. I am paid per diem for presenting informational programs by Biolase Technology or an honorarium by meeting sponsors. Treatment photos are authentic and not altered to misrepresent treatment results. I am national chair of PACE for the Academy of General Dentistry.

**prac-ti-cal** (pr k t -k l)

*adj.*

1. Of, relating to, governed by, or acquired through practice or action, rather than theory, speculation, or ideals: *gained practical experience of sailing as a deck hand.*
2. Manifested in or involving practice: *practical applications of calculus.*
3. Actually engaged in a specified occupation or a certain kind of work; practicing.
4. **Capable of being used or put into effect; useful:** *practical knowledge of Japanese.* See Usage Note at [practicable](#).
5. Intended to serve a purpose without elaboration: *practical low-heeled shoes.*
6. Concerned with the production or operation of something useful: *Woodworking is a practical art.*
7. Level-headed, efficient, and unspeculative.
8. Being actually so in almost every respect; virtual: *a practical disaster.*

# History of Laser Dentistry

# History of Laser Dentistry

**L**ight

**A**mplification by

**S**timulated

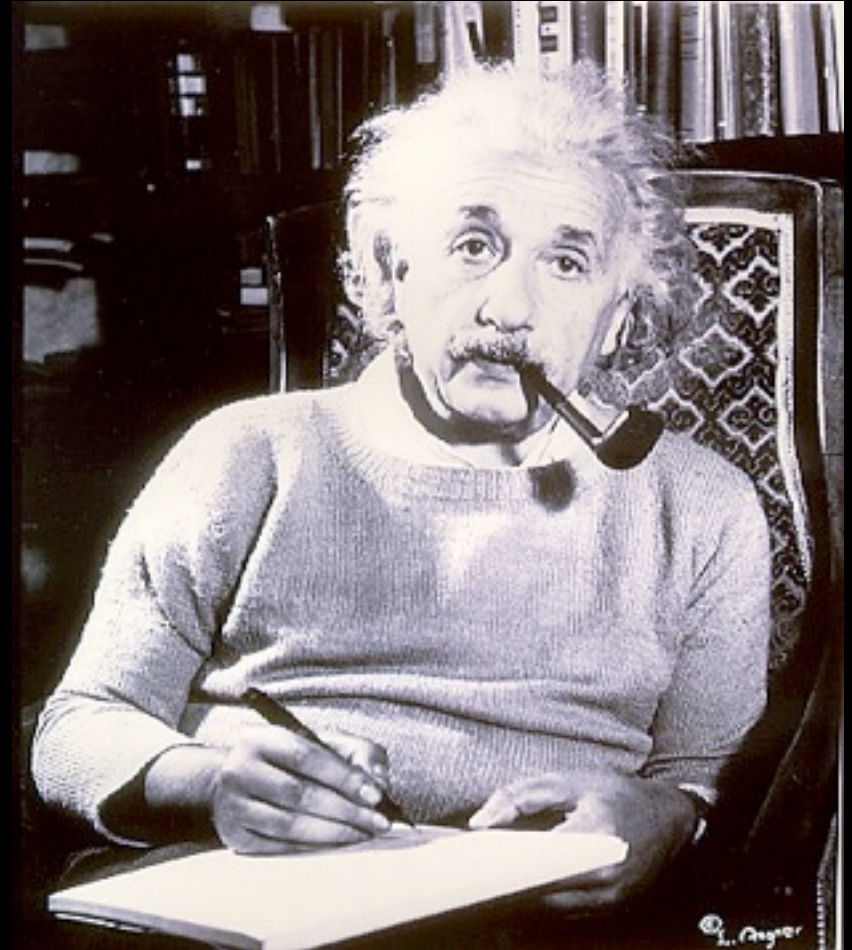
**E**mission of

**R**adiation

# History of Laser Dentistry

...Albert Einstein

In 1916 he developed the theory of stimulated emission of radiation. This was possible because of the work of Niels Bohr...





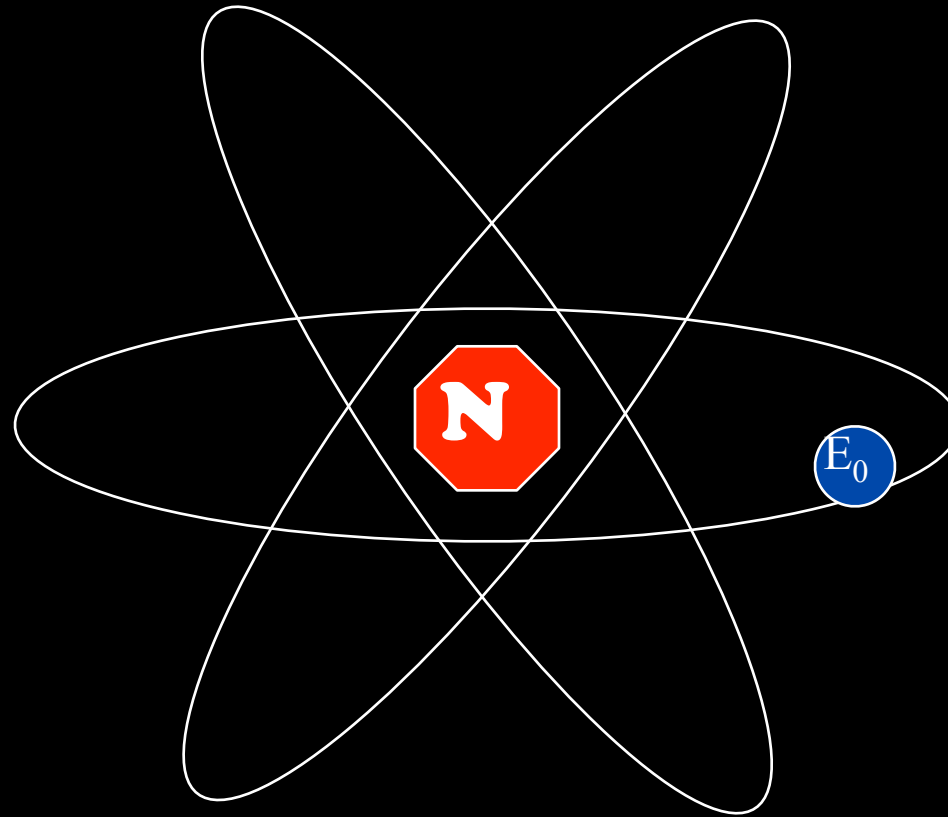
Tuesday, April 6, 2010



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# Bohr's Model

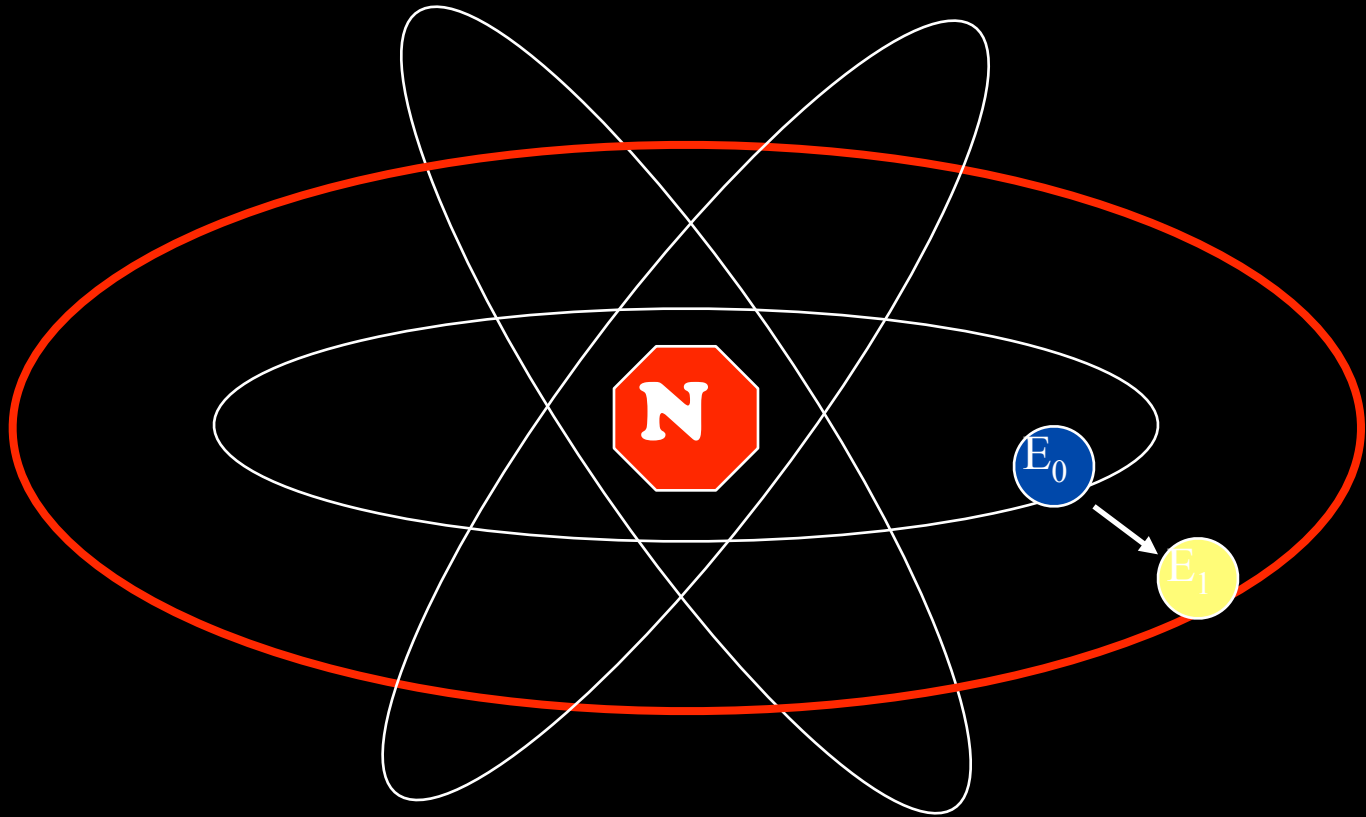
Electrons have separate energy levels,  $E_0$  and  $E_1$ .



A quantum of energy can be gained or lost by the atom, and there will be movement from one level to another. The atom prefers the stable, normal state of  $E_0$ . This is the model of spontaneous emission.

# Bohr's Model

Electrons have separate energy levels,  $E_0$  and  $E_1$ .



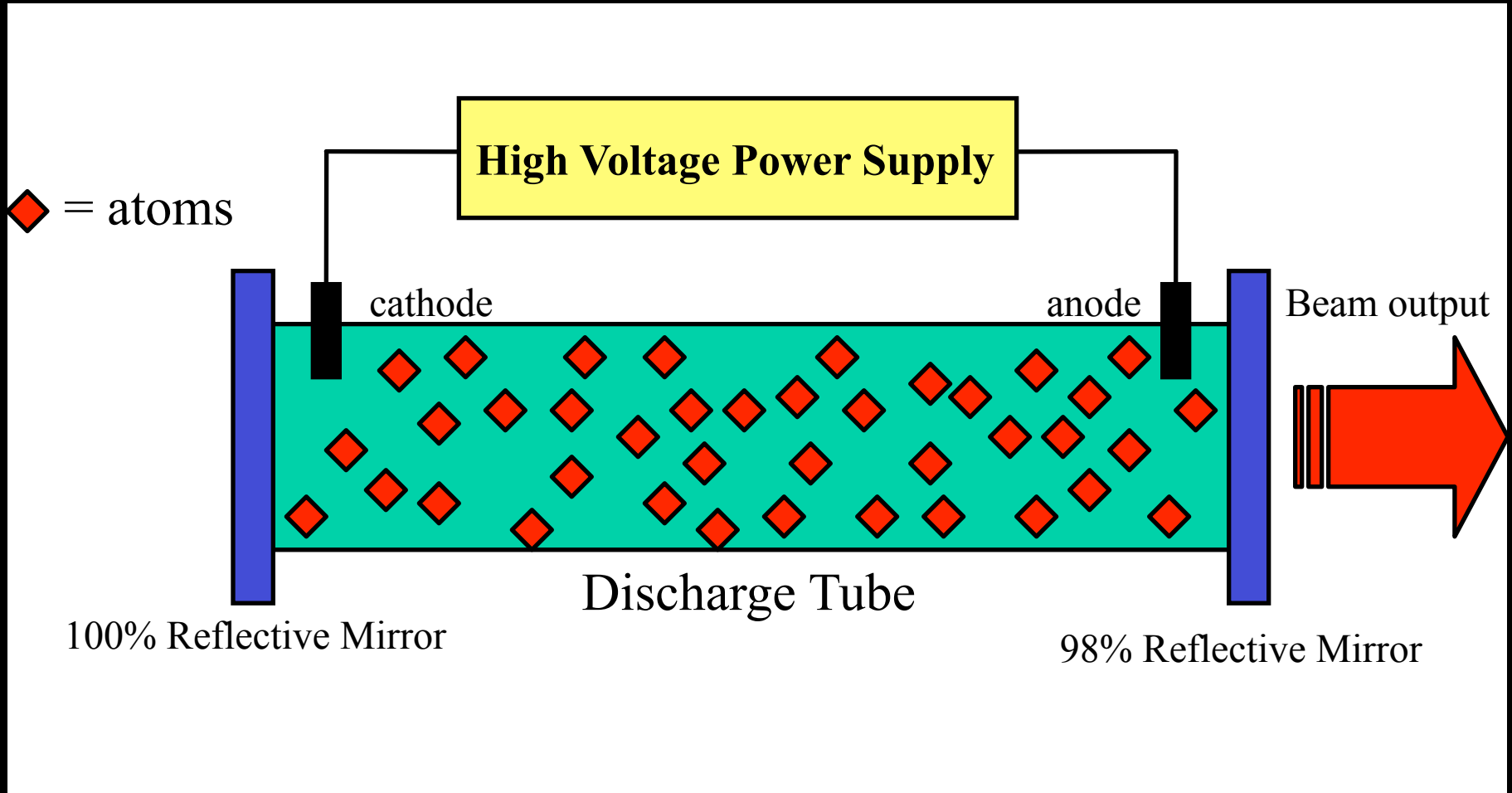
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# Stimulated Emission

In stimulated emission, a power source is used to excite the already excited atoms to release stored energy. Here, the excited photon and the released photon stimulate two more excited atoms producing a chain reaction.

The end result is photons of identical wavelength traveling in the same direction as well as oscillating together in phase.

# Laser Operation

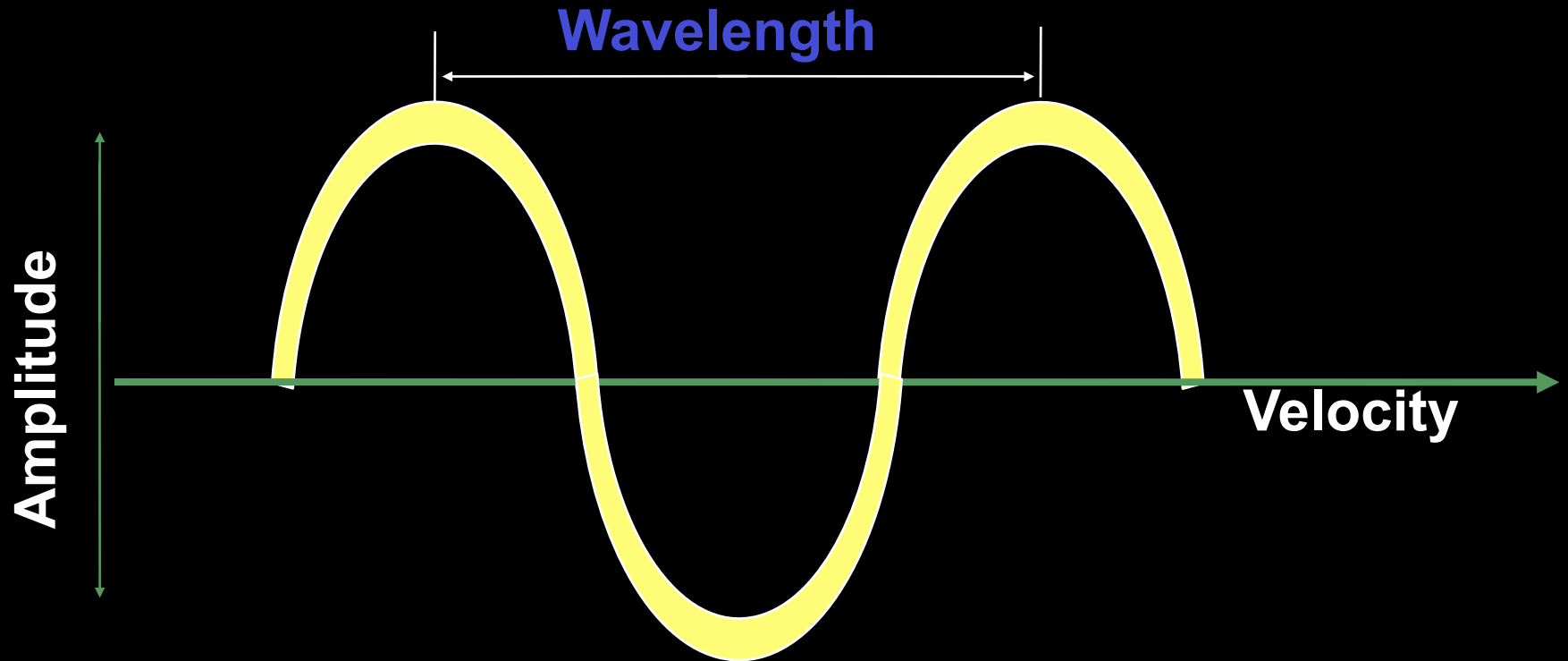


# Electromagnetic Waves



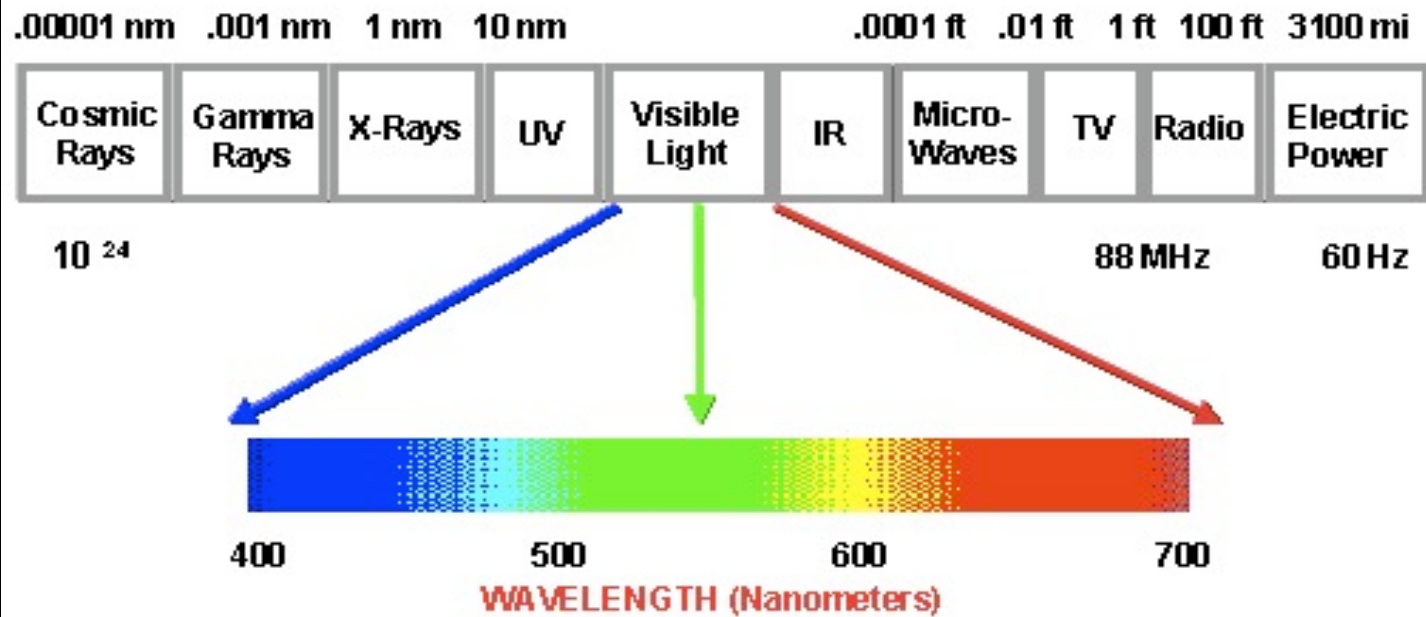
Frequency is the number of complete oscillations of the wave per second.

# Electromagnetic Waves

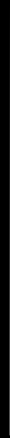


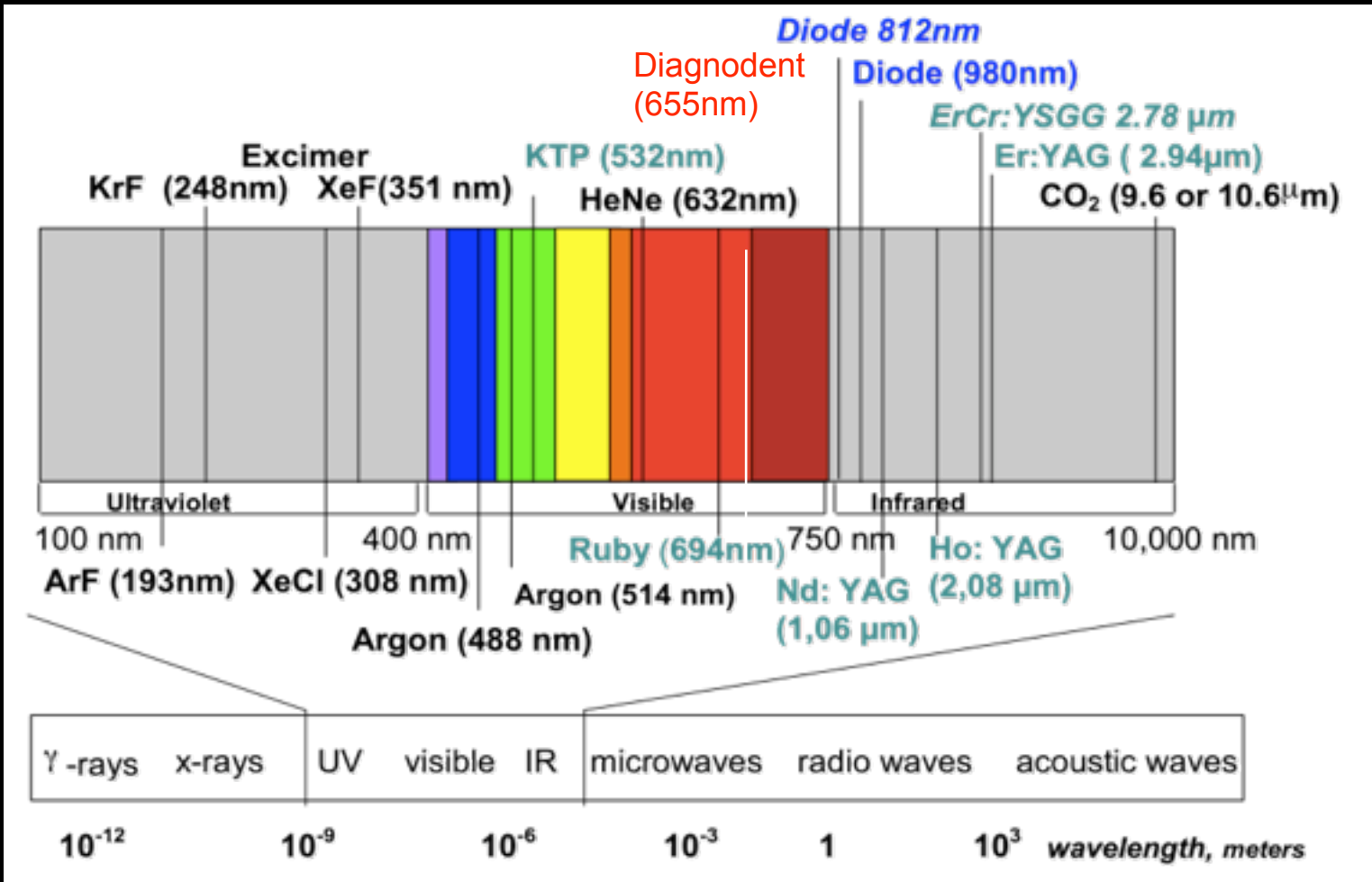
Frequency is the number of complete oscillations of the wave per second.

# electromagnetic spectrum



Diagnodent  
(655nm)





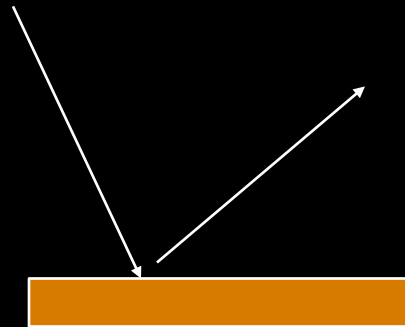
# Laser-Tissue Interaction

- Reflection
- Absorption
- Transmission (Refraction)
- Scattering

# Laser-Tissue Interaction

- Reflection

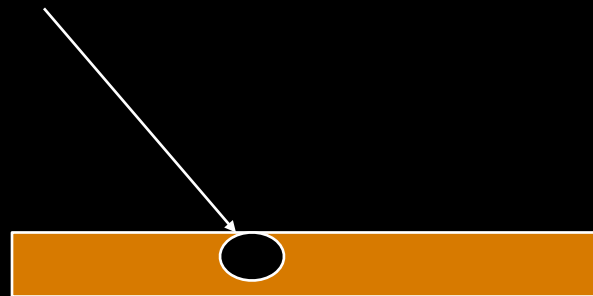
Laser energy has no effect on tissue.



# Laser-Tissue Interaction

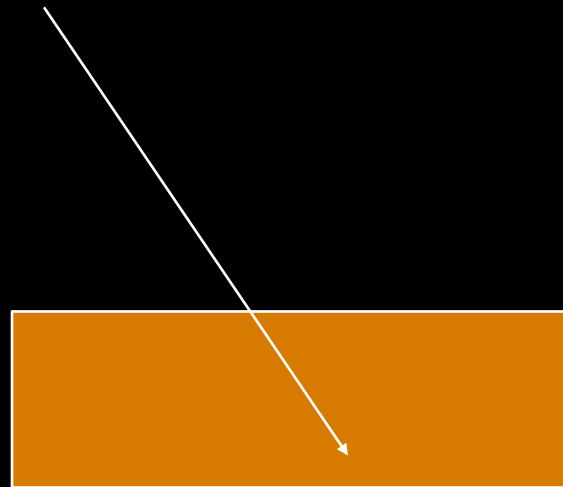
- Absorption

Dependent on laser wavelength, tissue composition, pigmentation and water content.



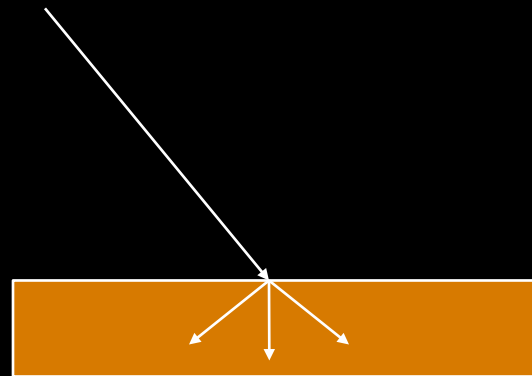
# Laser-Tissue Interaction

- Transmission (Refraction)  
Laser energy travels through tissue with no effect.



# Laser-Tissue Interaction

- Scattering
  - Dependent on wavelength, absorption may obscure effect.



# Laser Energy Absorption Characteristics

## Absorption Characteristics of Dental Lasers:

Alexandrite	377nm	Solid	Calculus
Argon	488-515nm	Gas	Hemoglobin, Melanin
HeNe	632 nm	Gas	Melanin
Diode	812-980 nm	Solid	Melanin, Water
Nd:YAG	1064 nm	Solid	Melanin, Water, Dentin
Ho:YAG	2120 nm	Solid	Water, Dentin
Erbium	2780-2940 nm	Solid	Water, Hydroxyapatite
CO2	*9.3, *9.6, 10.6 um	Gas	Hydroxyapatite, Water

\*not commercially available

# YSGG

## The All Tissue Laser

# YSGG

## The All Tissue Laser





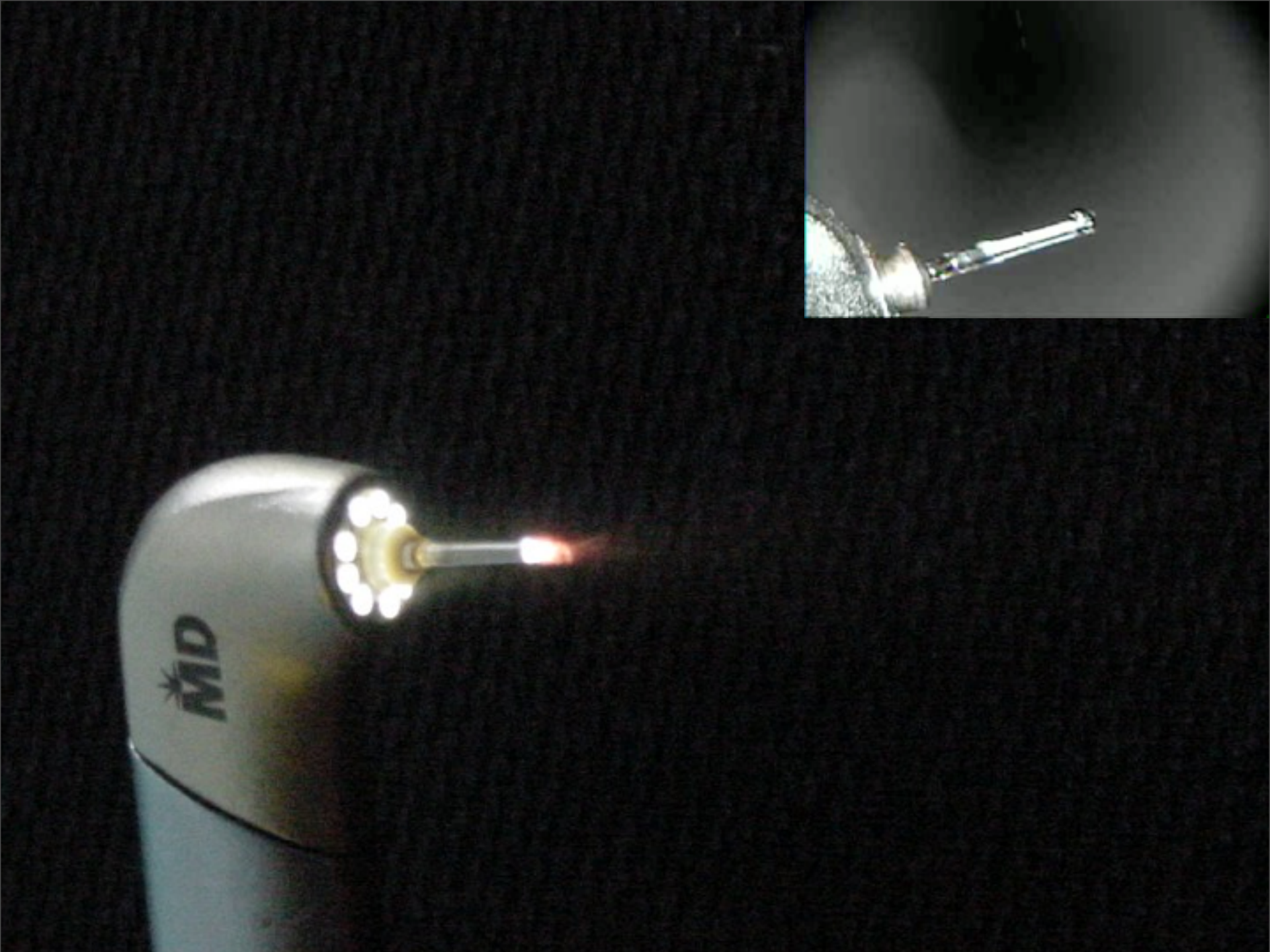
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# YSGG

## The All Tissue Laser

# YSGG

## The All Tissue Laser

- Waterlase MD Technology

# YSGG

## The All Tissue Laser

- Waterlase MD Technology  
(HydroPhotonics)

# YSGG

## The All Tissue Laser

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Laser energy is absorbed by the atomized water particles creating a microexplosion or micropropulsion of the water molecules which is the mechanical cutting force on the target tissue.

# YSGG

## The All Tissue Laser

- Waterlase MD Technology  
(HydroPhotonics)

Laser energy is absorbed by the atomized water particles creating a microexplosion or micropropulsion of the water molecules which is the mechanical cutting force on the target tissue.



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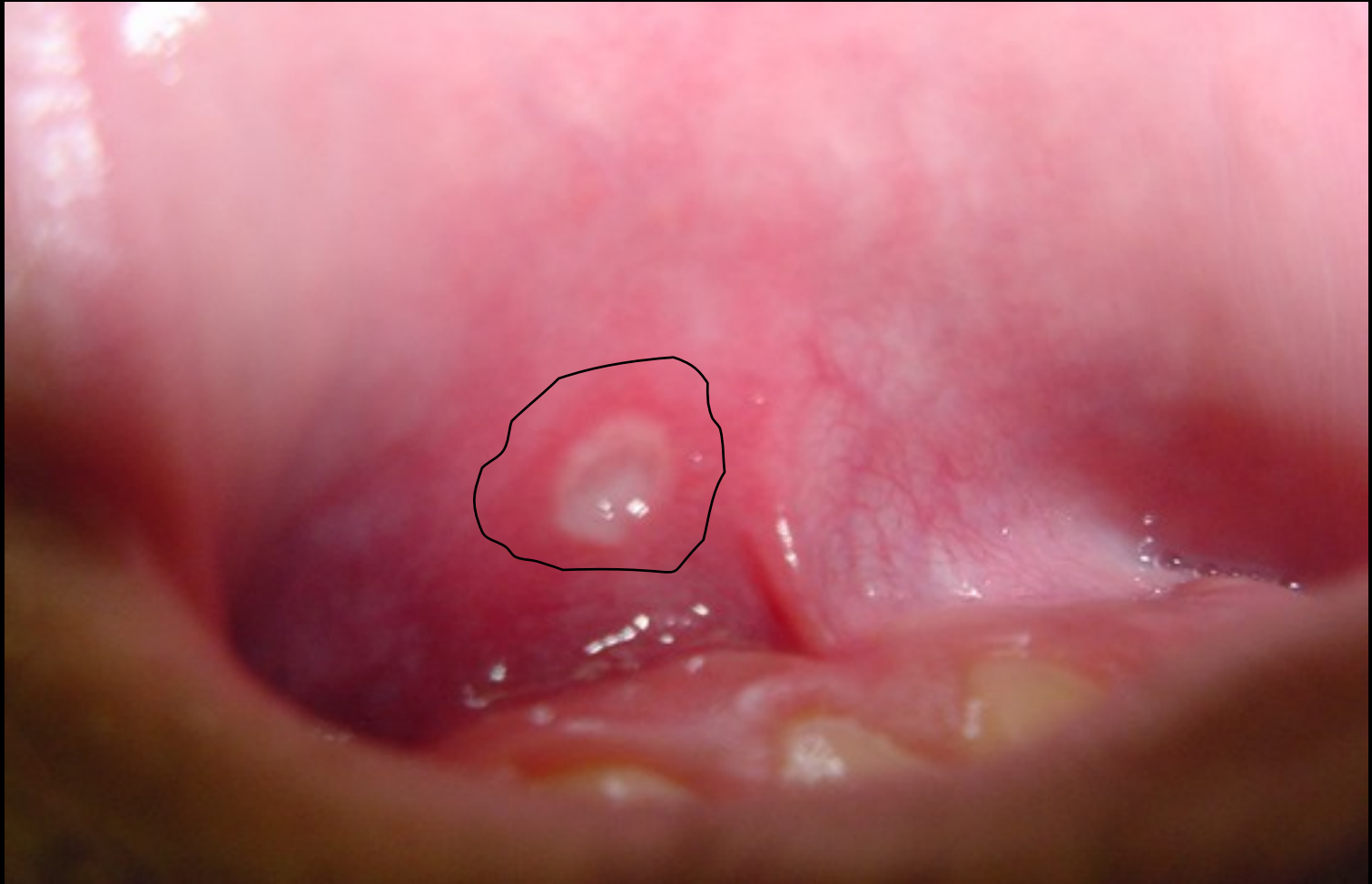
# Aphthous Ulcer Treatment



# Aphthous Ulcer Treatment



# Aphthous Ulcer Treatment

















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immediate pain relief

no scarring



immediate pain relief

no scarring

Lesion Destruction 7465



ten days postop



ten days postop





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# Oral Cancer

At risk profile:

1. Over 40
2. Tobacco
3. Alcohol

# Oral Cancer

At risk profile:

1. Over 40
2. Tobacco
3. Alcohol

Highest growth rate is younger people: HPV-16 or 18



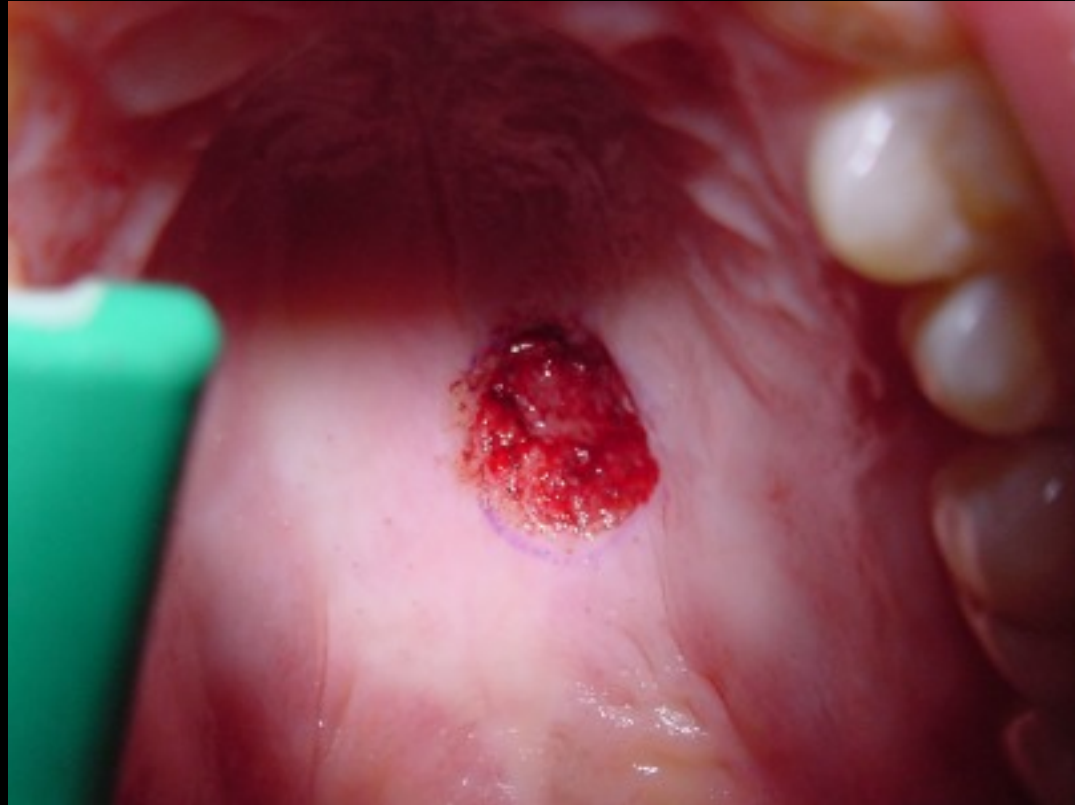
**VELscope**

# Velscope

# Velscope











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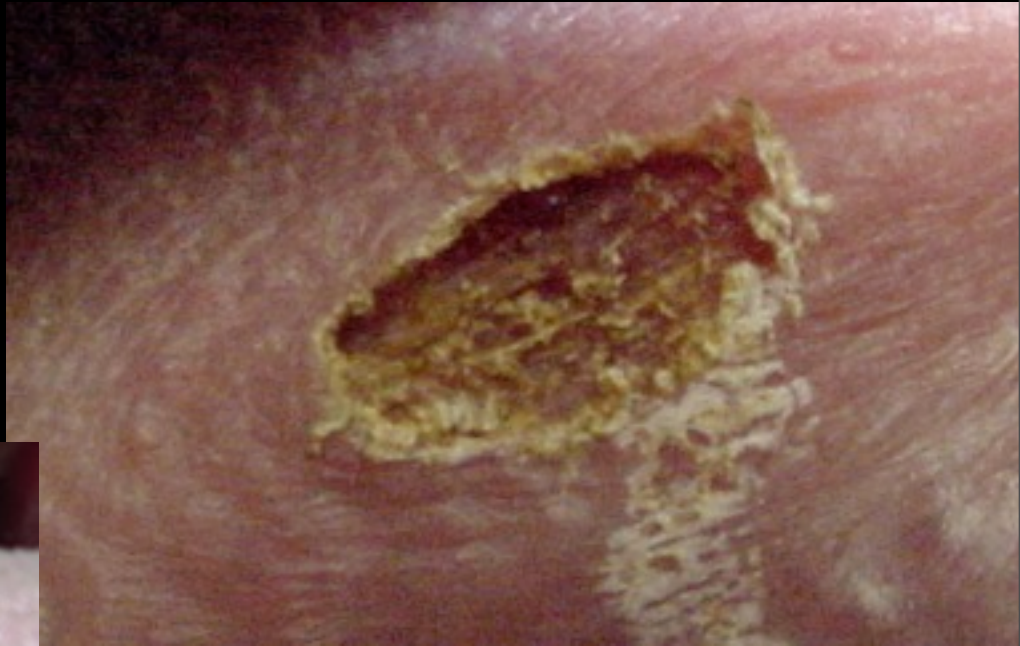
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# Tac - 20% Alternati

**Dr. B. Cassis**

RPh: L  
Expires  
Lot# 07

Contains: Lidocaine 20% Tetracaine 4% Ph

**Directions:** Apply a small amount of gel, not  
Q-tip and apply to dry mucosal area. Leave  
rinse off to prevent tissue irritation or sloughing  
usually occur between 1-5 minutes and last

**20% Alternative (Thick)**

RPh: Leah Albarado  
Expires : 12/08  
Lot# 07032008@15

20% Tetracaine 4% Phenylephrine 2%

Apply a small amount of gel, not exceeding 1 metered pump  
to the mucosal area. Leave in place for no more than 15  
minutes. Tissue irritation or sloughing. Onset and duration vary  
between 1-5 minutes and last for 20-30 minutes. Have the  
patient breathe once procedure is complete.



Thick)

Rx# 8899266  
Date : 08/27/08  
18mls

ando  
g/15  
2%



**Professional  
Arts Pharmacy**

620 Guilbeau Rd, Ste A  
Lafayette LA 70506

**888.237.4737**

Dr. B.

Contain

Direct

Q-tip

rinse

usabl

mouth

Precau

practi

allerg

sulfon

mycos















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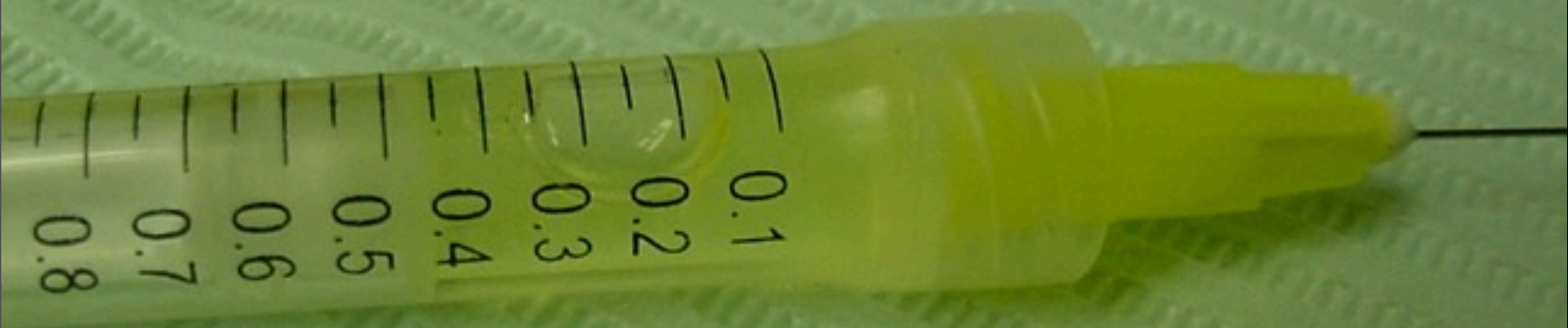




gingivectomies



ve Only on  
is Membrane







## Laser assisted diagnosis



# Visual inspection and probing:

Visual inspection and probing:  
58% accuracy

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58% accuracy

Bitewing radiographs:

Visual inspection and probing:

58% accuracy

Bitewing radiographs:

67% accuracy

Visual inspection and probing:

58% accuracy

Bitewing radiographs:

67% accuracy

Laser diagnostics:

Visual inspection and probing:

58% accuracy

Bitewing radiographs:

67% accuracy

Laser diagnostics:

90% plus accuracy

Visual inspection and probing:

58% accuracy

Bitewing radiographs:

67% accuracy

Laser diagnostics:

90% plus accuracy



































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# YSGG Pedolase



#S & T, preop



# C & D laser preps

# YSGG Pedolase



#S & T with Fuji IX



#C & D with resin

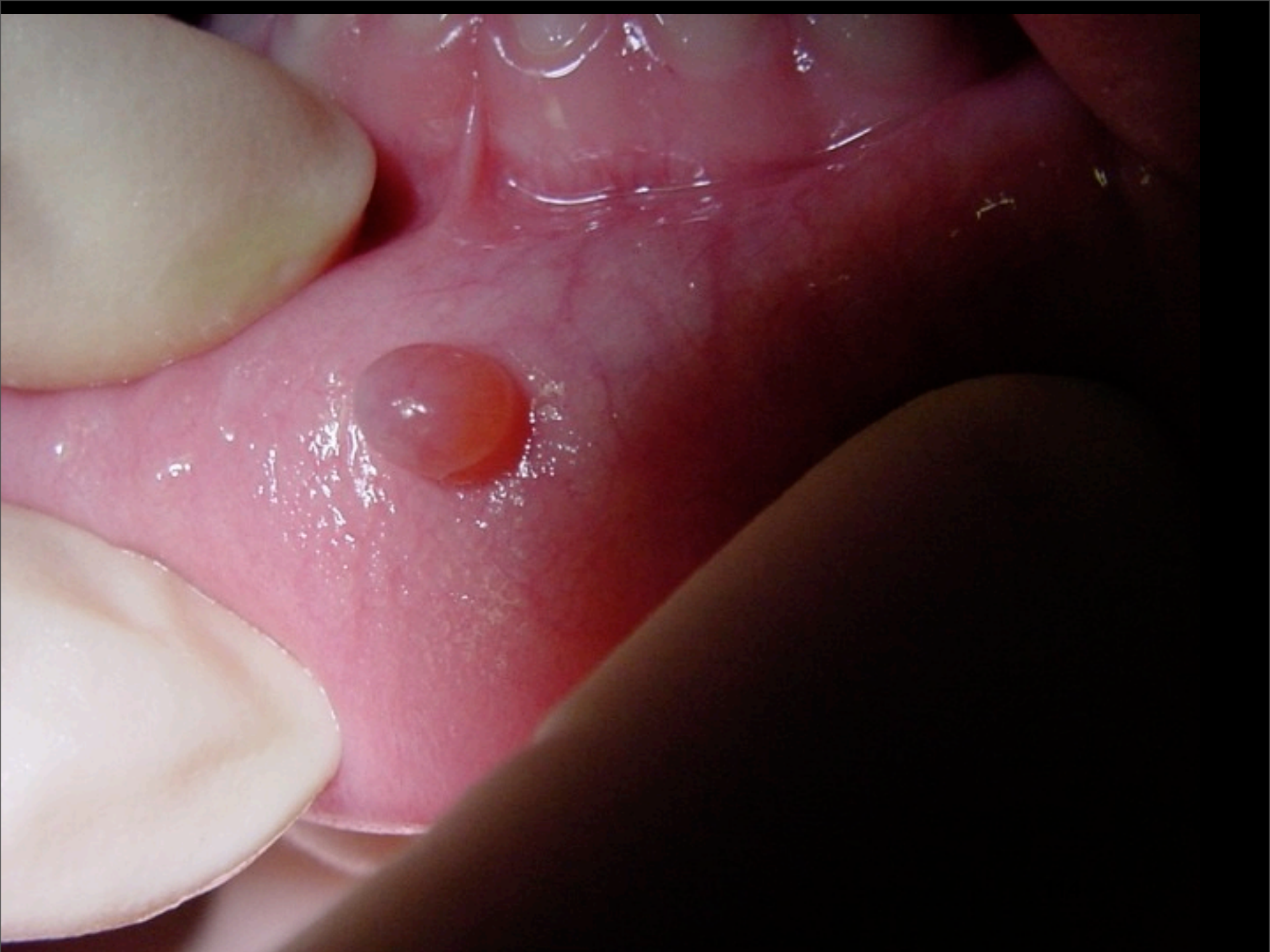
# Turbo Pedolase

# Turbo Pedolase



# Turbo Pedolase





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**YSGG**











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Prom

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- Why lase restorable, bondable, cementable surfaces?



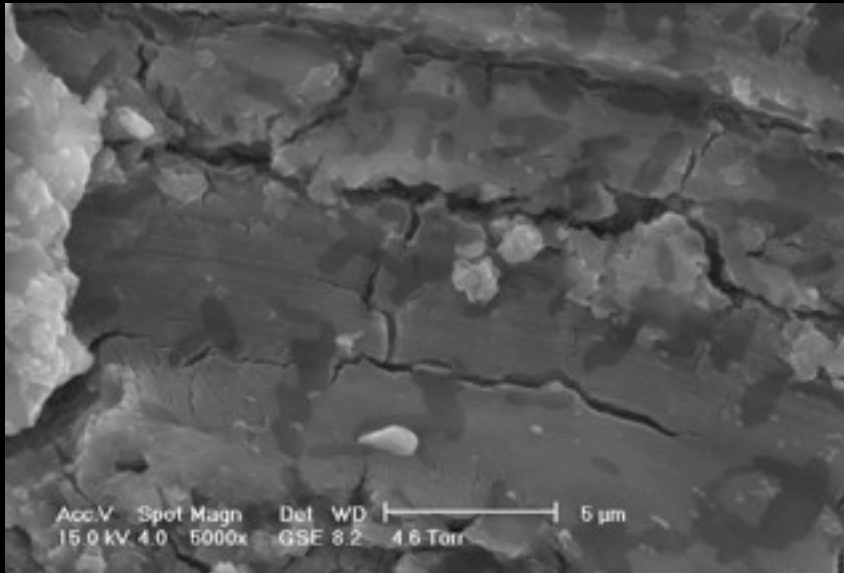
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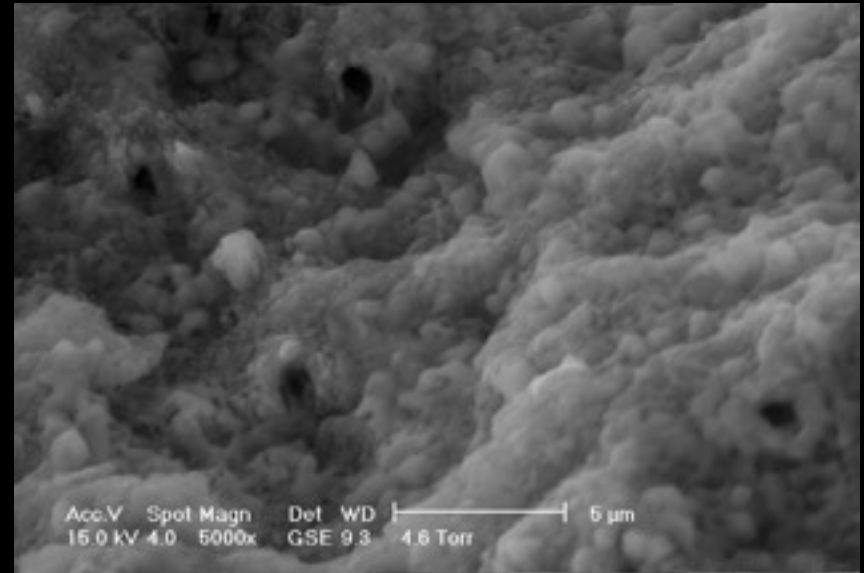
**TO REMOVE  
THE SMEAR  
LAYER!**

# YSGG Restorative

## Drill vs. YSGG SEM Analysis



Drill – bottom of cut; x5000 mag.  
Microfractures reach about 1 μm in  
width. Debris particles also left behind.



Waterlase – bottom of cut; x5000 mag.  
Open tubules with no microfractures.  
No smear layer.





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- Frenectomies
  1. Soft tissue surgery at 1-1.5W, 4% water, 15% air, no contact, OR 1.25W, 8% water, 15% air, S mode.
  2. Elliptical, diamond-shaped design.
  3. Tincture of benzoin and myrrh.
  4. Barrier, if required, to prevent tissue from adhering to itself, OR Scarring Technique.





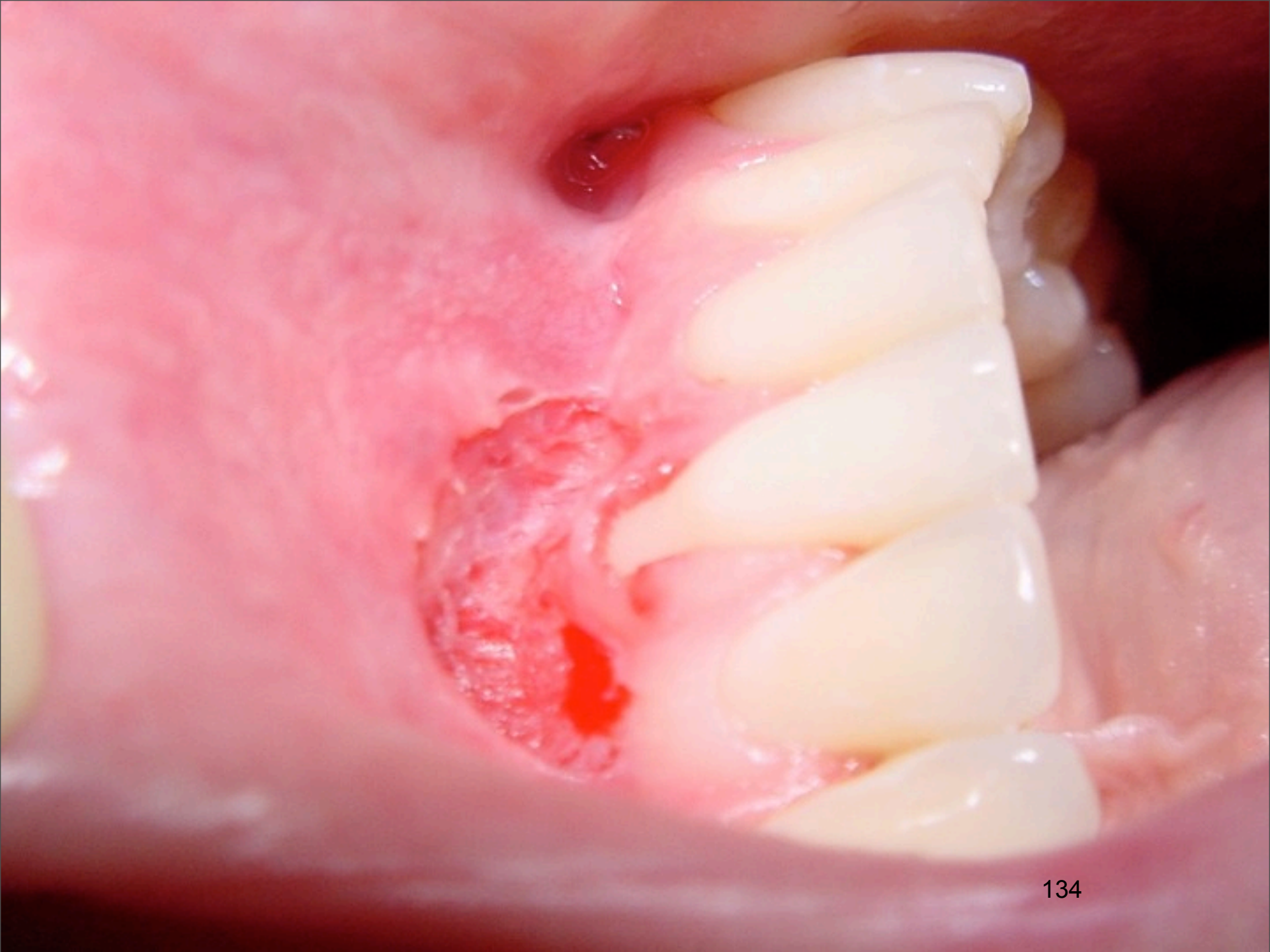
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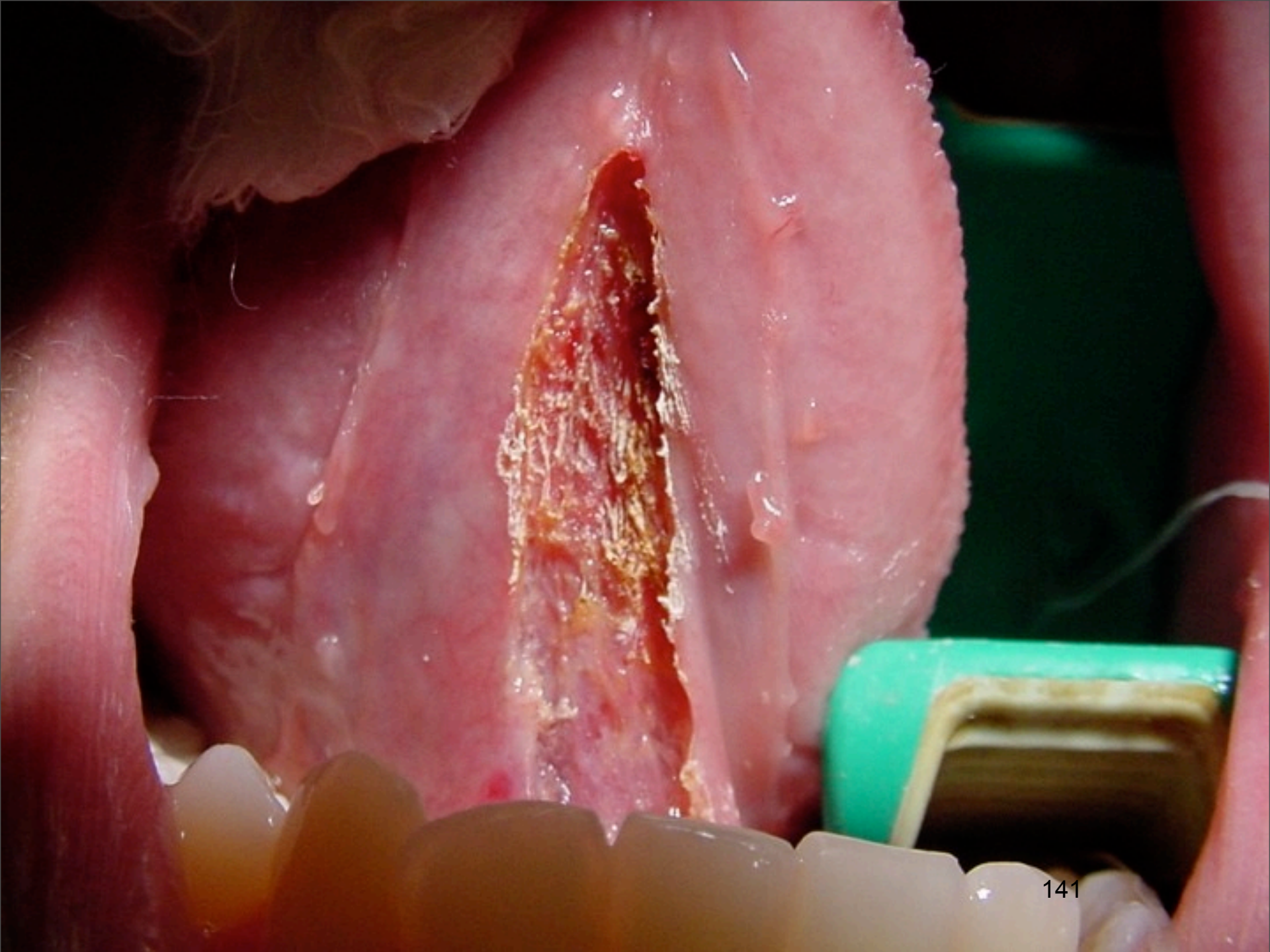




Prom

139

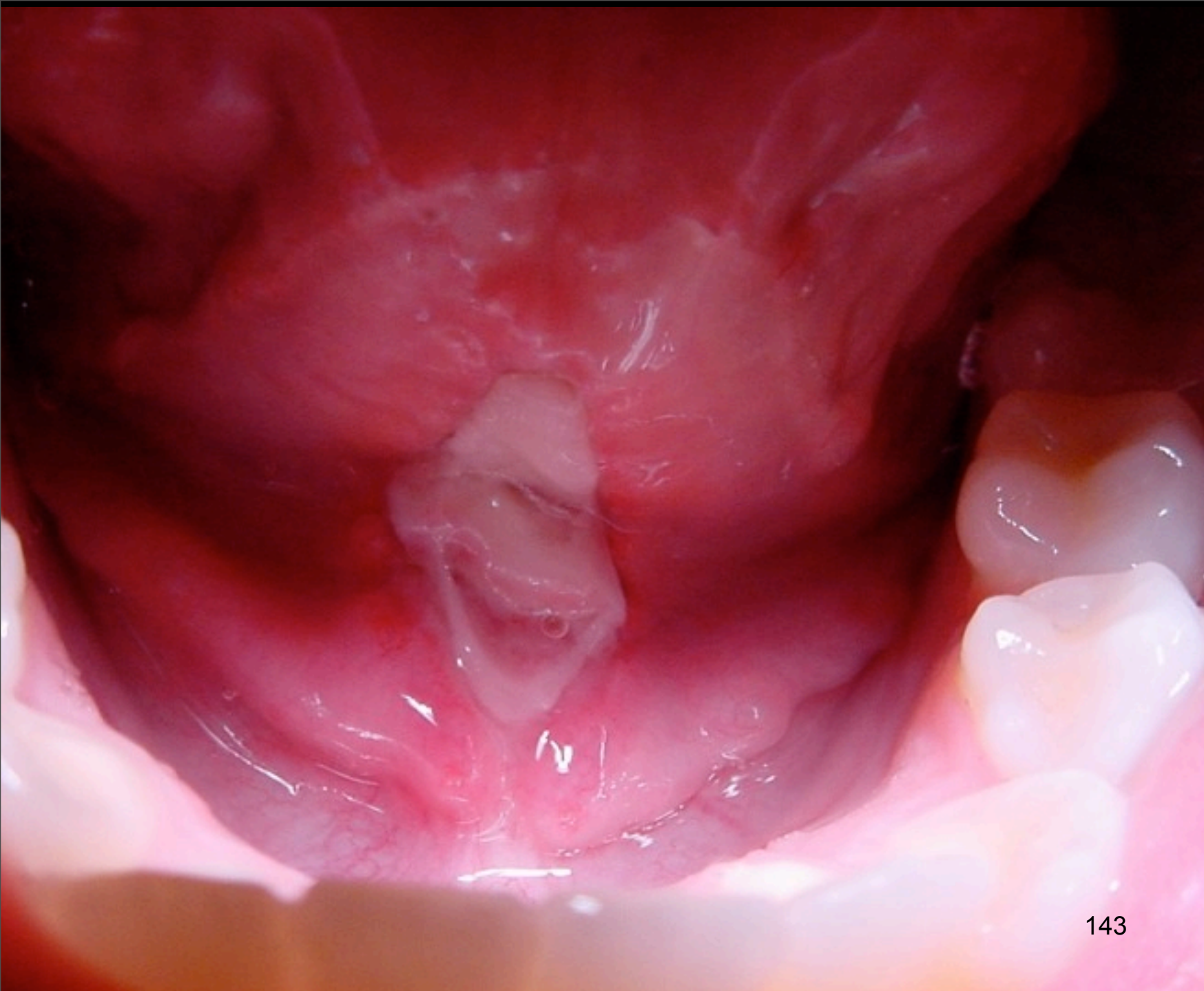




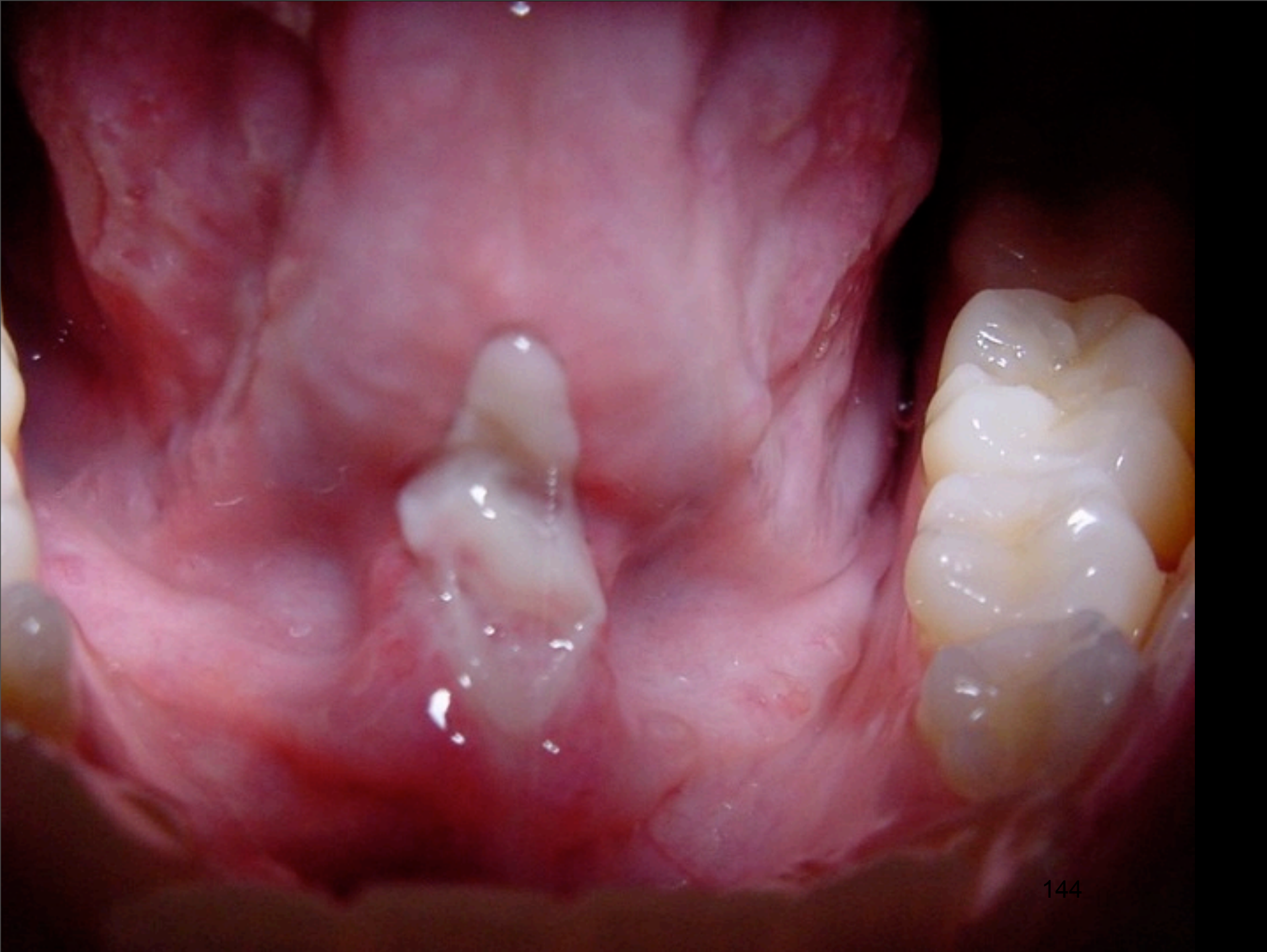
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142

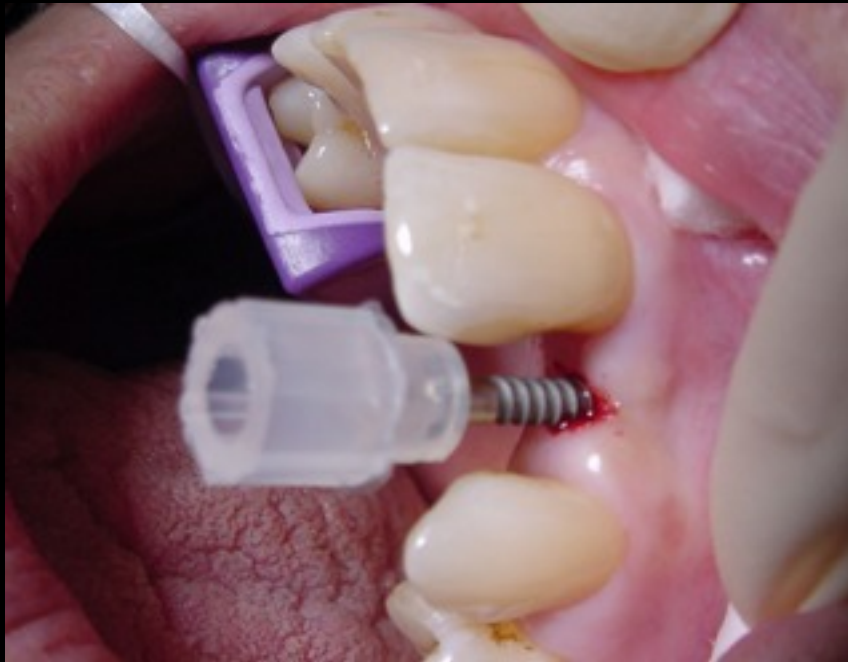


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144







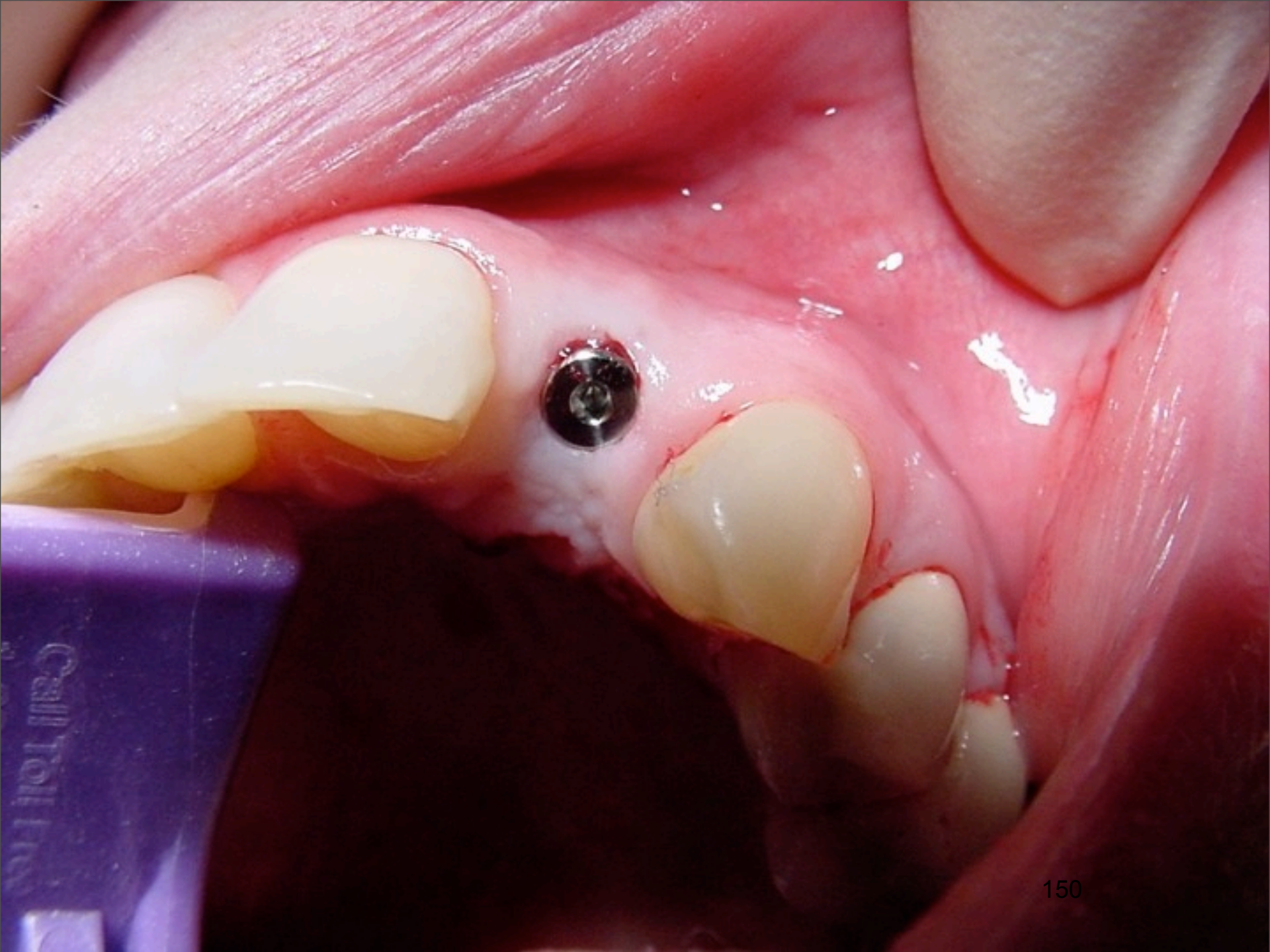
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149



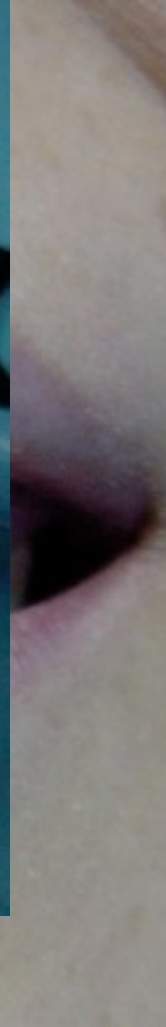
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151

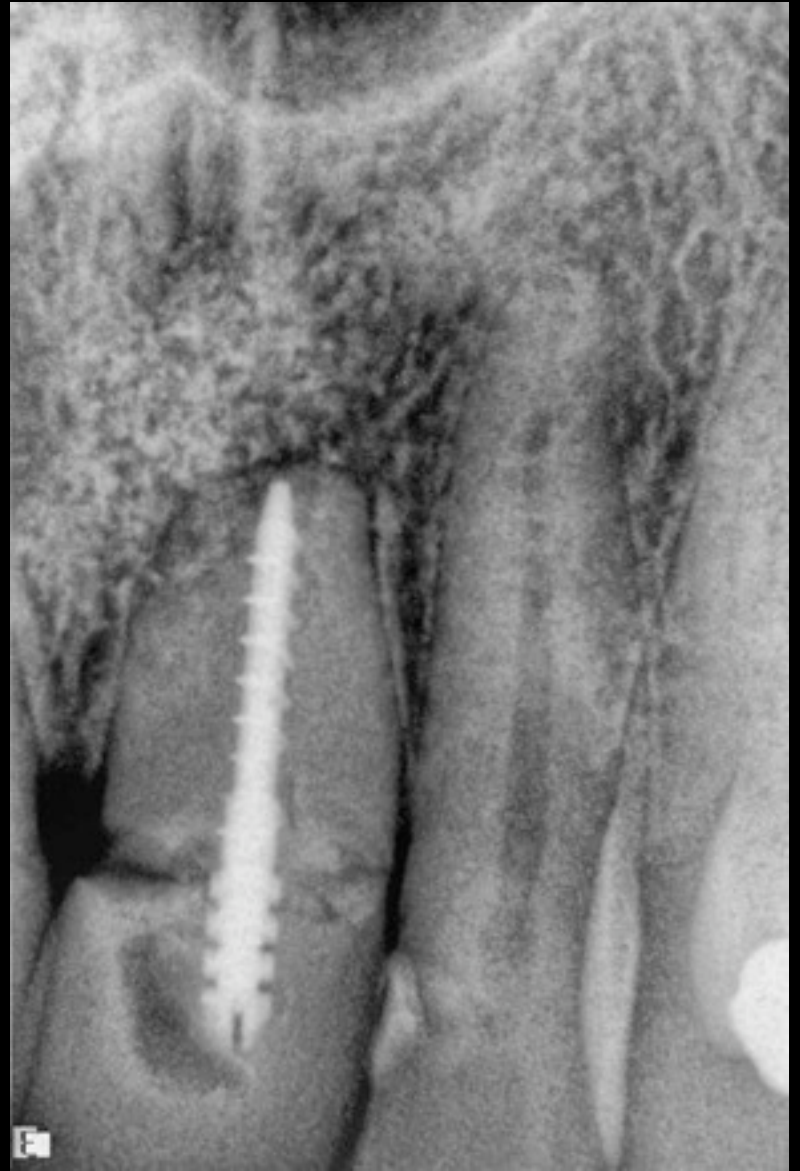


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four day postop





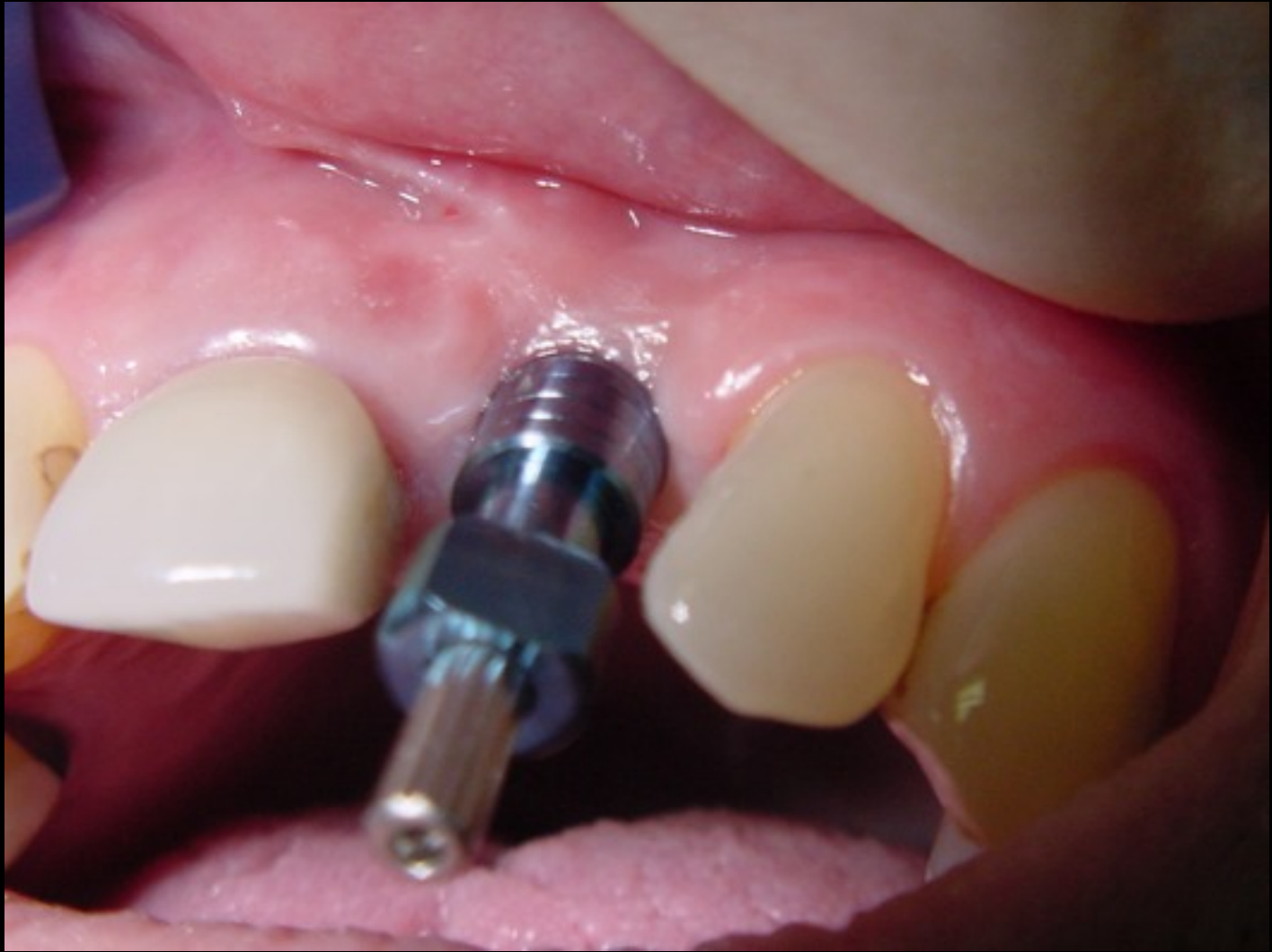
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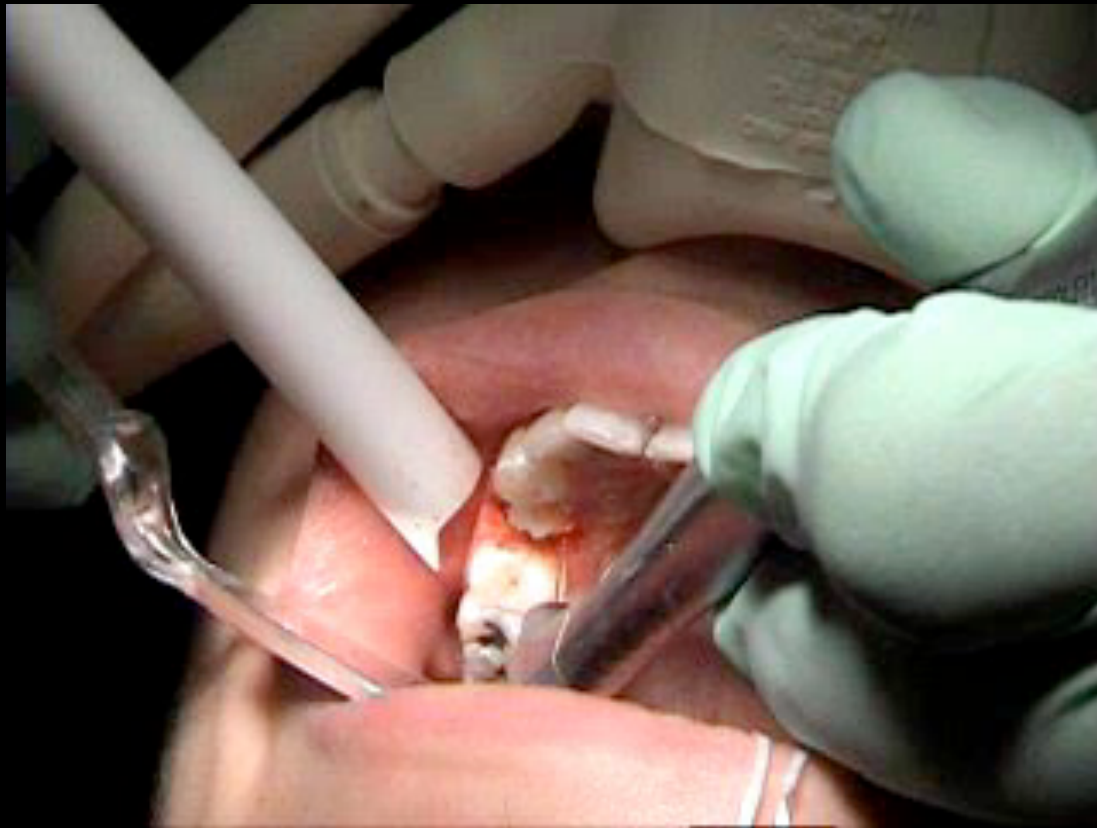
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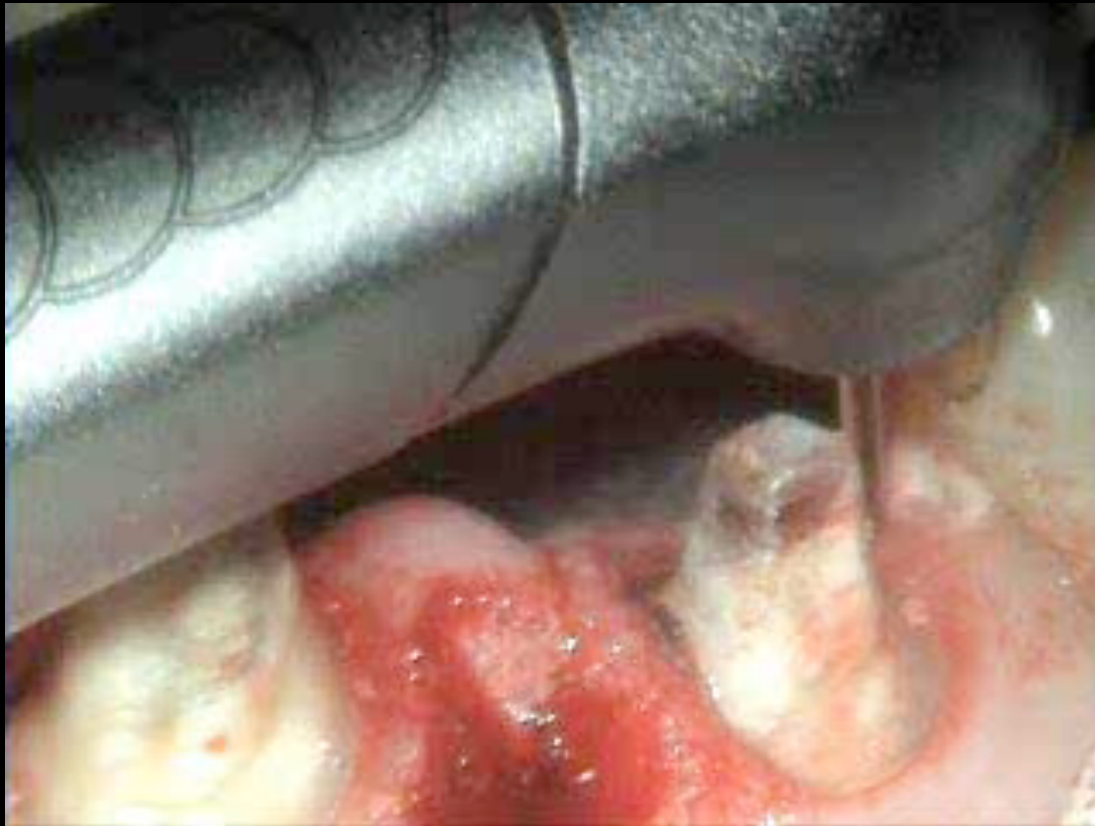
















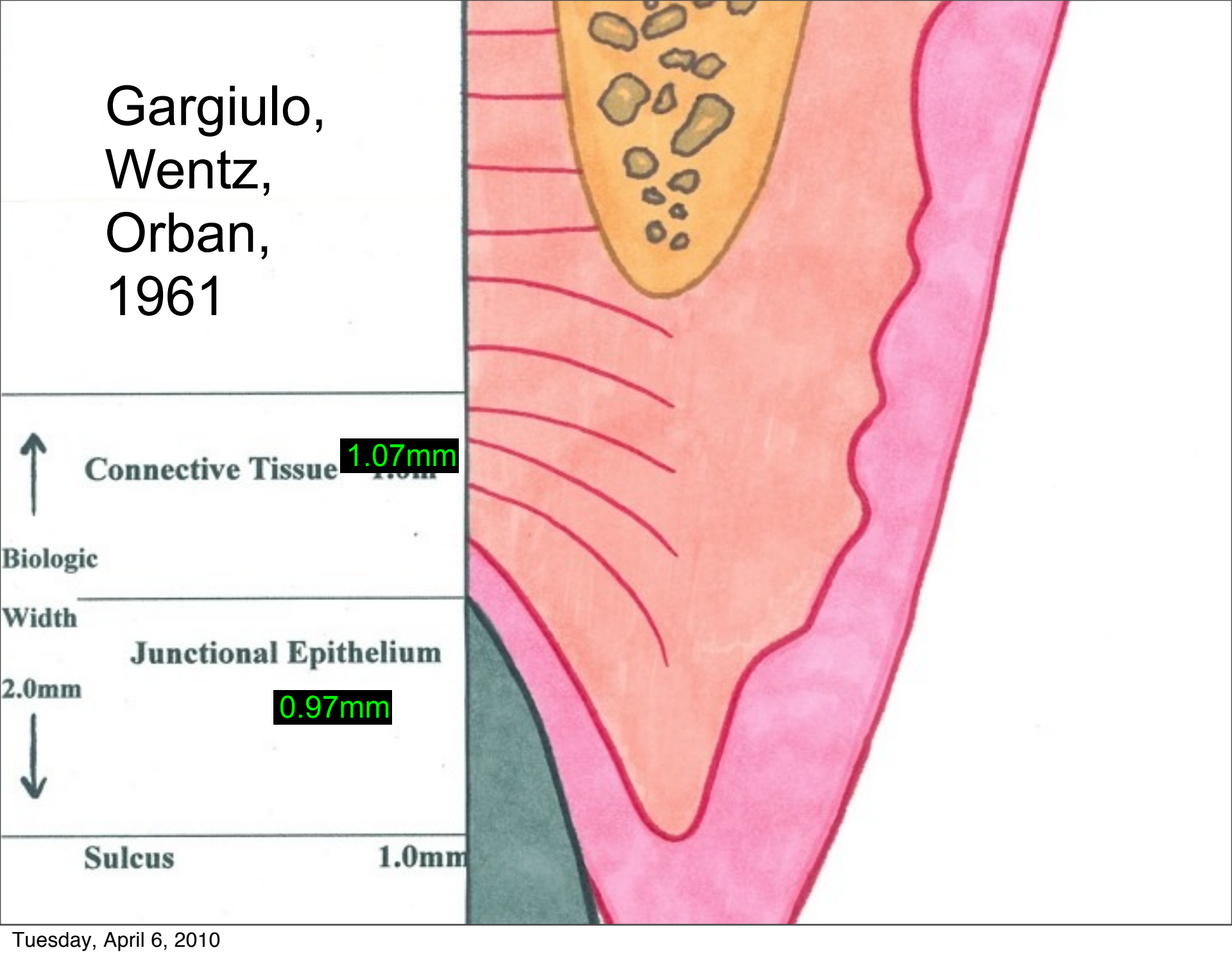




1.07mm

0.97mm

Gargiulo,  
Wentz,  
Orban,  
1961



↑ Connective Tissue 1.07mm

Biologic

Width

Junctional Epithelium

2.0mm

0.97mm

↓ Sulcus

1.0mm



Carranza  
2006

↑  
Connective Tissue 1.0m

Biologic

Width

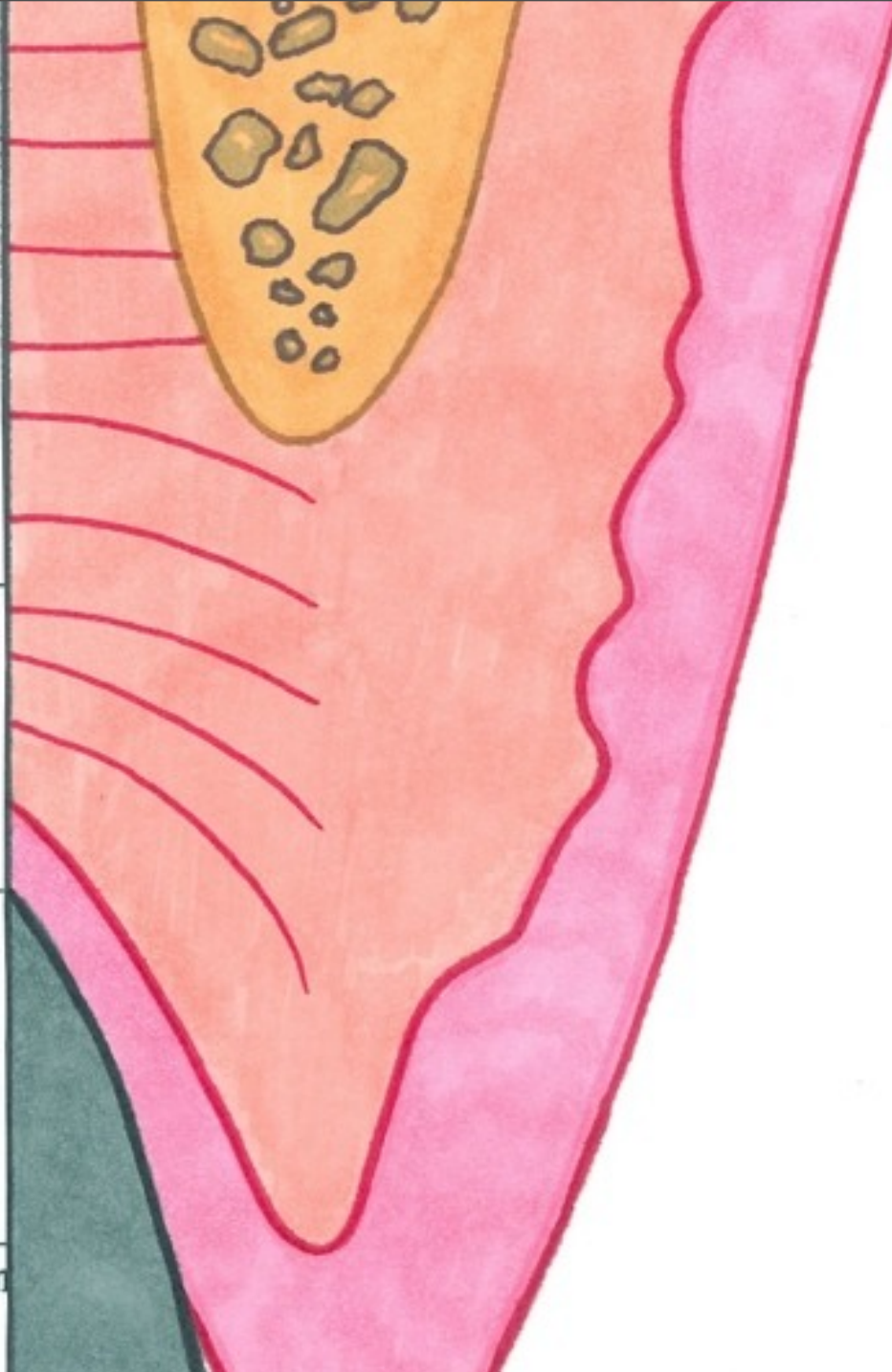
2.0mm

Junctional Epithelium

↓

Sulcus

1.0mm







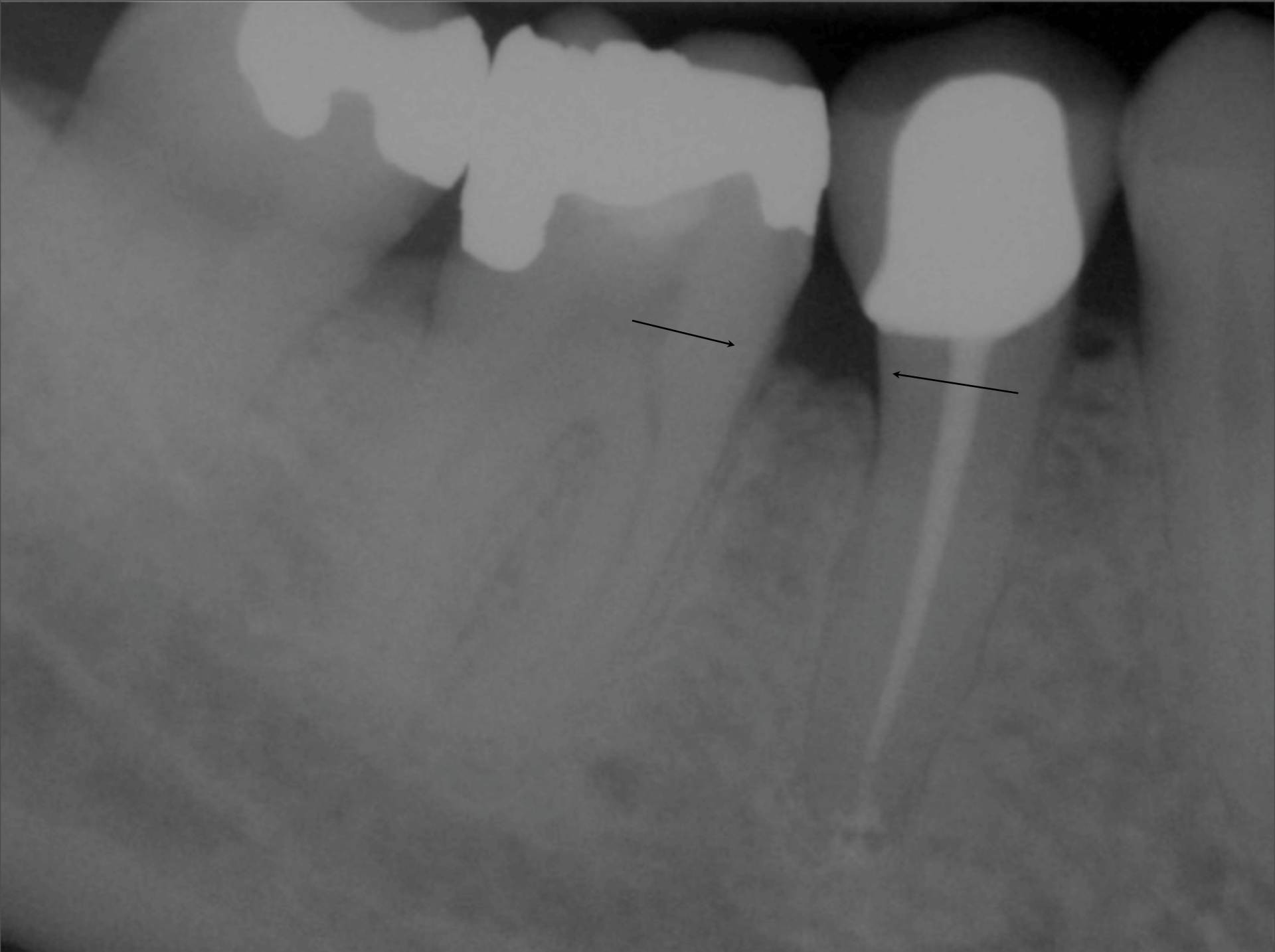
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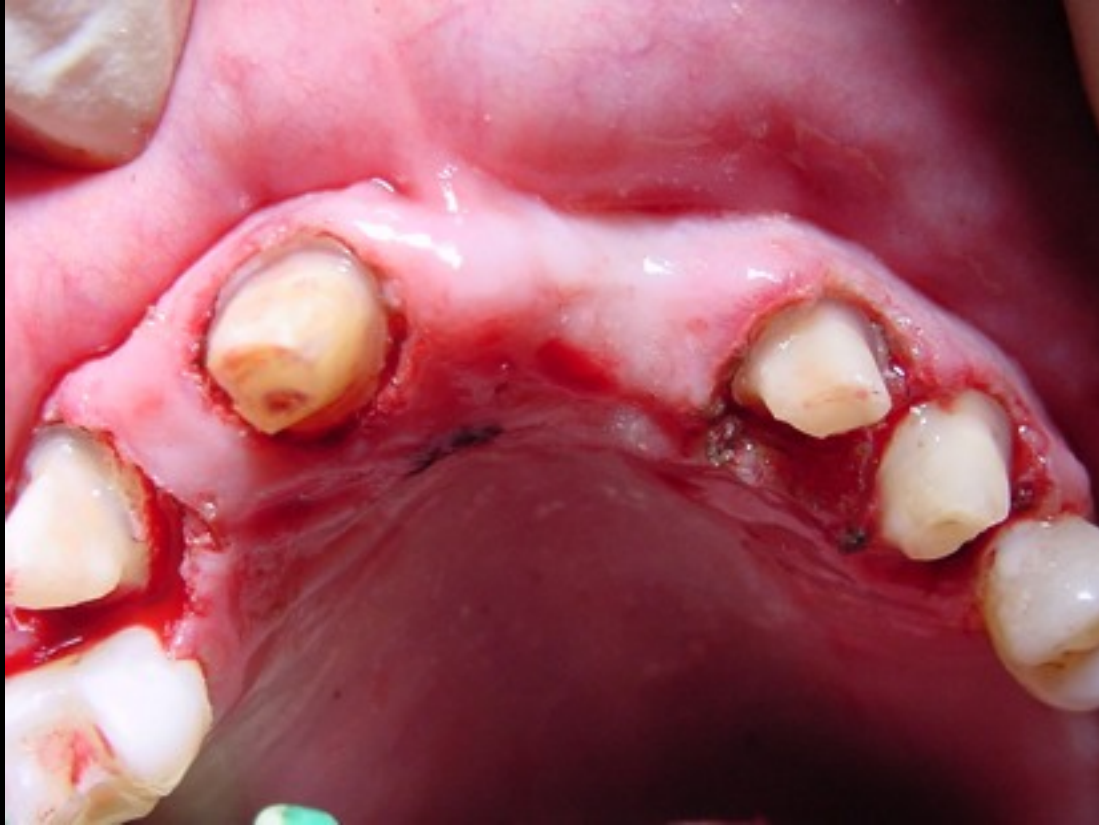


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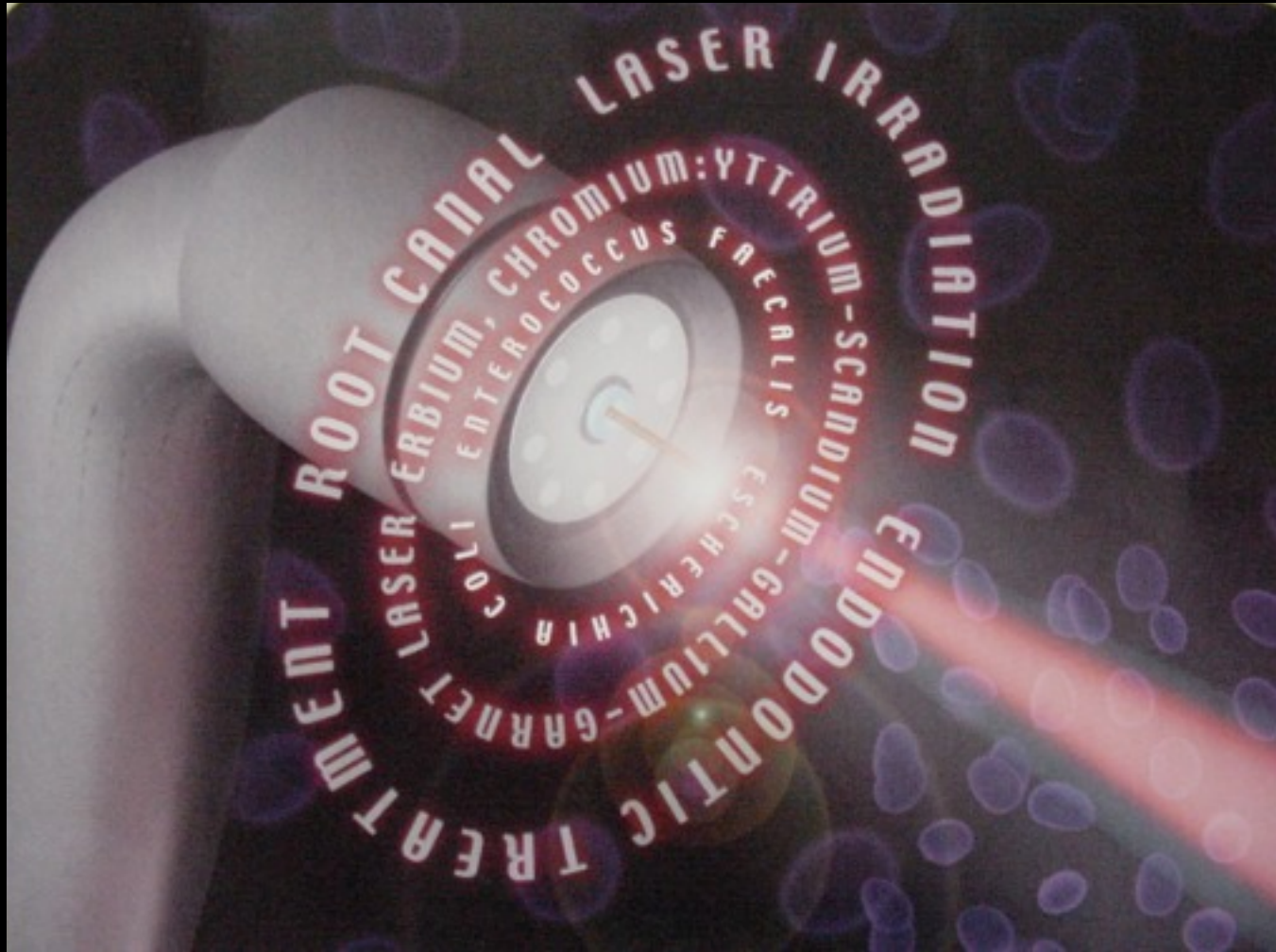




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JULY 2007

The background of the cover is a dark, textured surface with a pattern of purple, oval-shaped cells, resembling a microscopic view of bacteria. A white laser handpiece is positioned diagonally across the upper left. A red laser beam is shown emanating from the tip of the handpiece, extending towards the bottom right. The text 'ROOT CANAL LASER IRRADIATION' is written in a curved path along the top of the handpiece. Below this, the text 'ERBIUM, CHROMIUM: YAG LASER' is visible, followed by 'ENTEROCOCCUS FAECALIS' and 'ENDODONTIC'.

JULY 2007

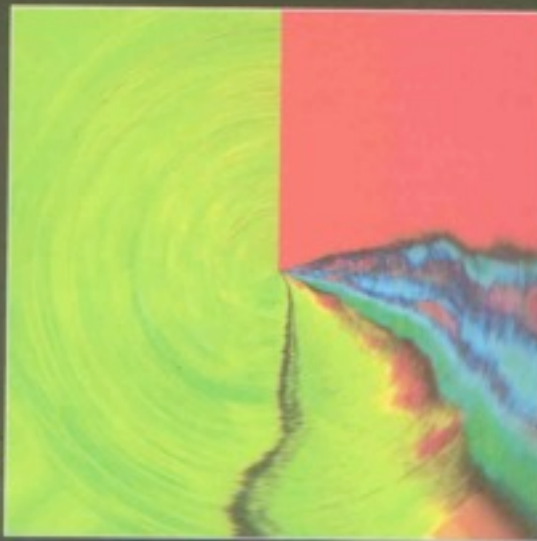
COVER STORY

**Assessing the effects  
of lasers in endodontic  
treatment 949**



# Journal of **ORAL LASER APPLICATIONS**

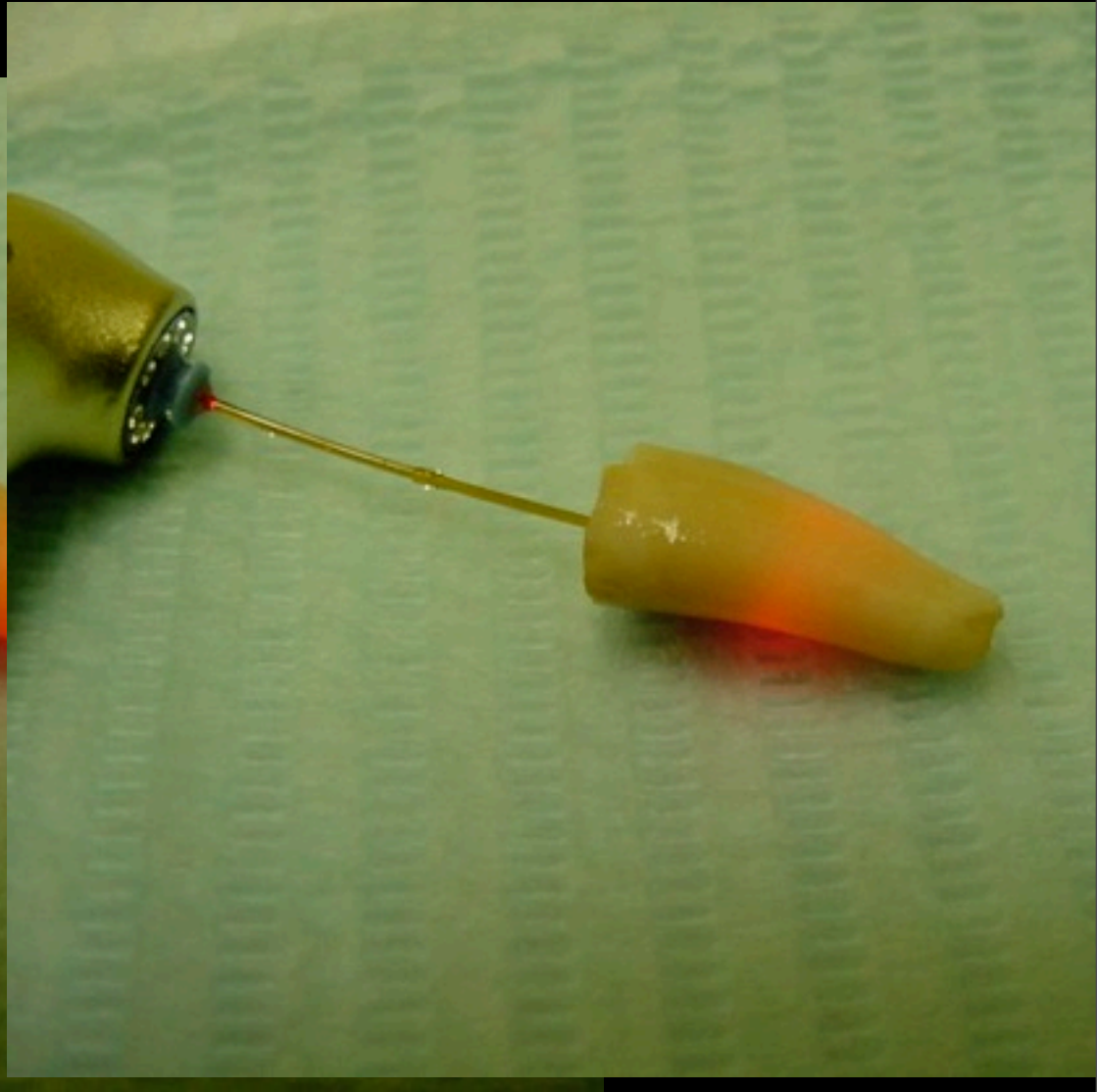
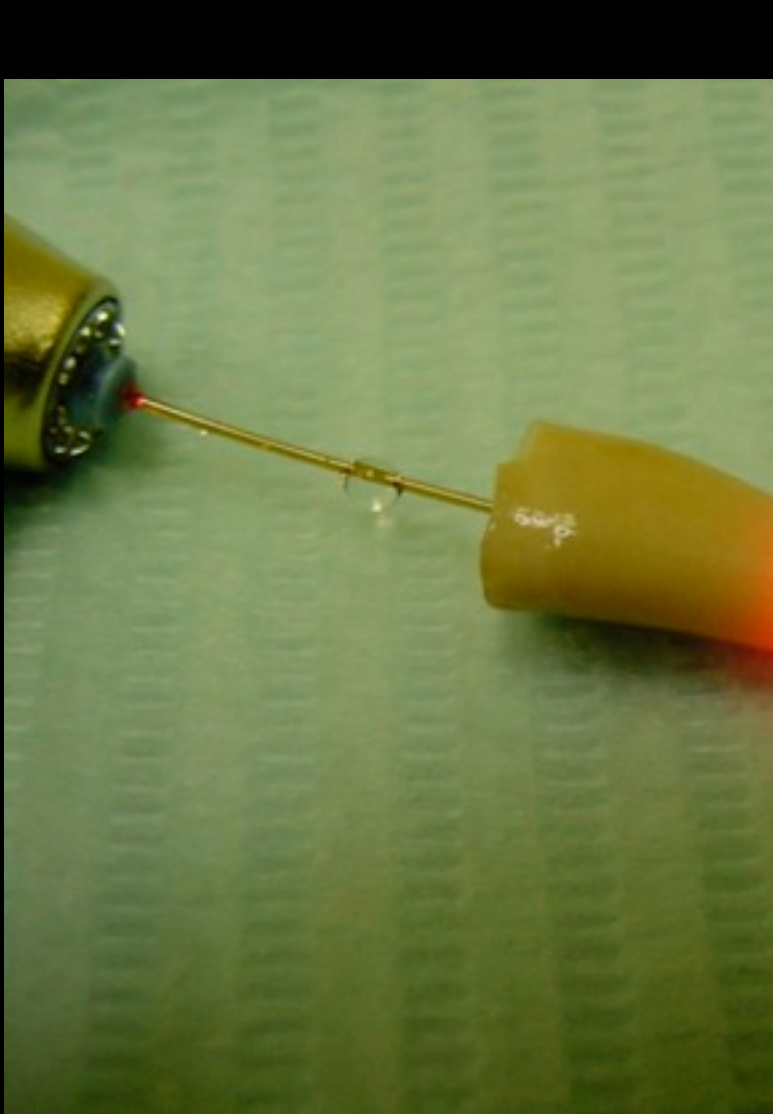
Official Publication of  
Society for Oral Laser Applications SOLA  
Hellenic Society for Oral Laser Applications HELSOLA  
Japan Association for CO<sub>2</sub> Laser Dentists JACLD  
Japan Association for Nd:YAG Laser Dentists JANLD  
Romanian Society for Lasers in Dentistry SRLS  
Deutsches Zentrum für Orale Laser Applikationen DZOLA  
Società Italiana Laser in Odontostomatologia SILO

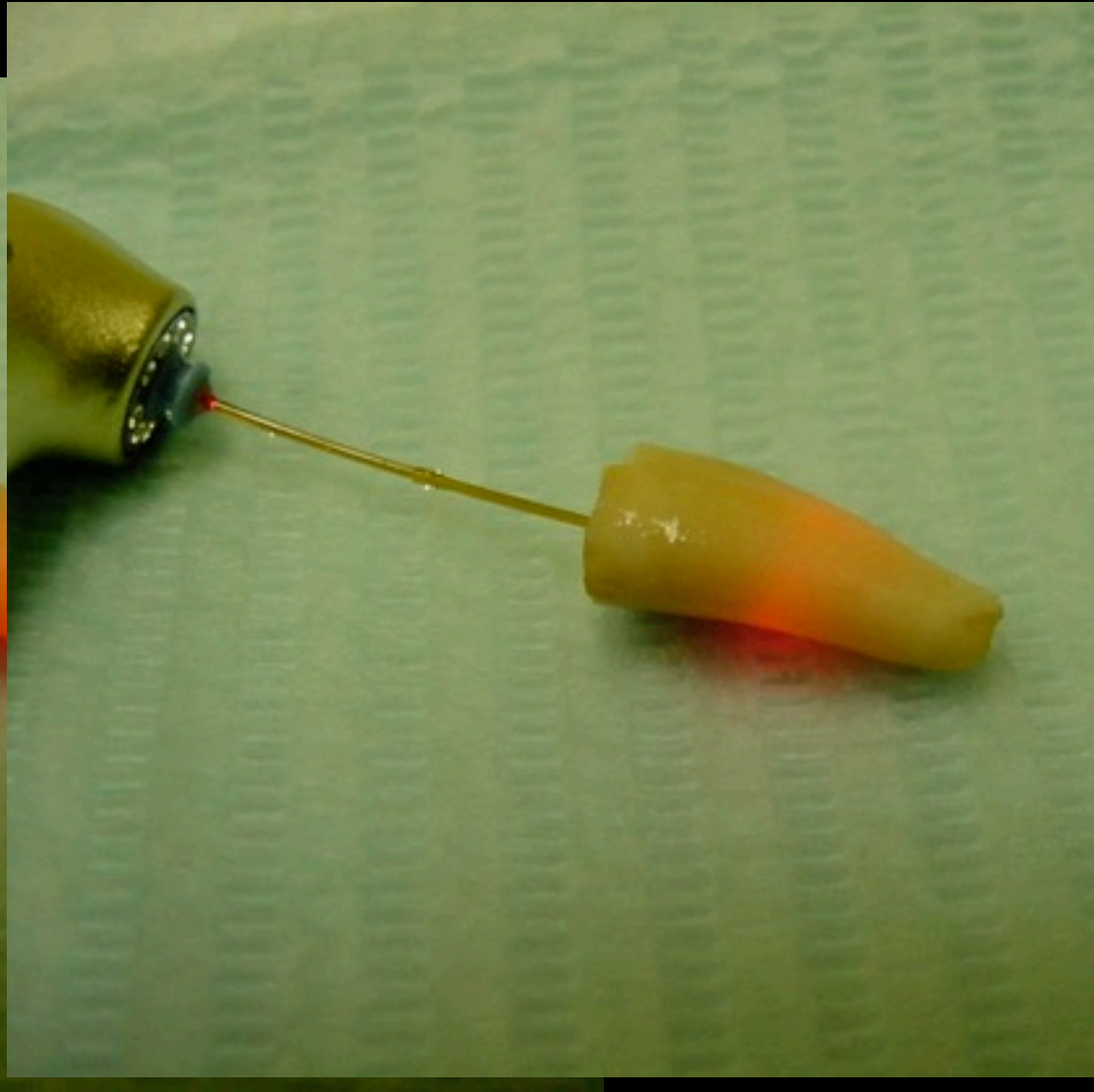
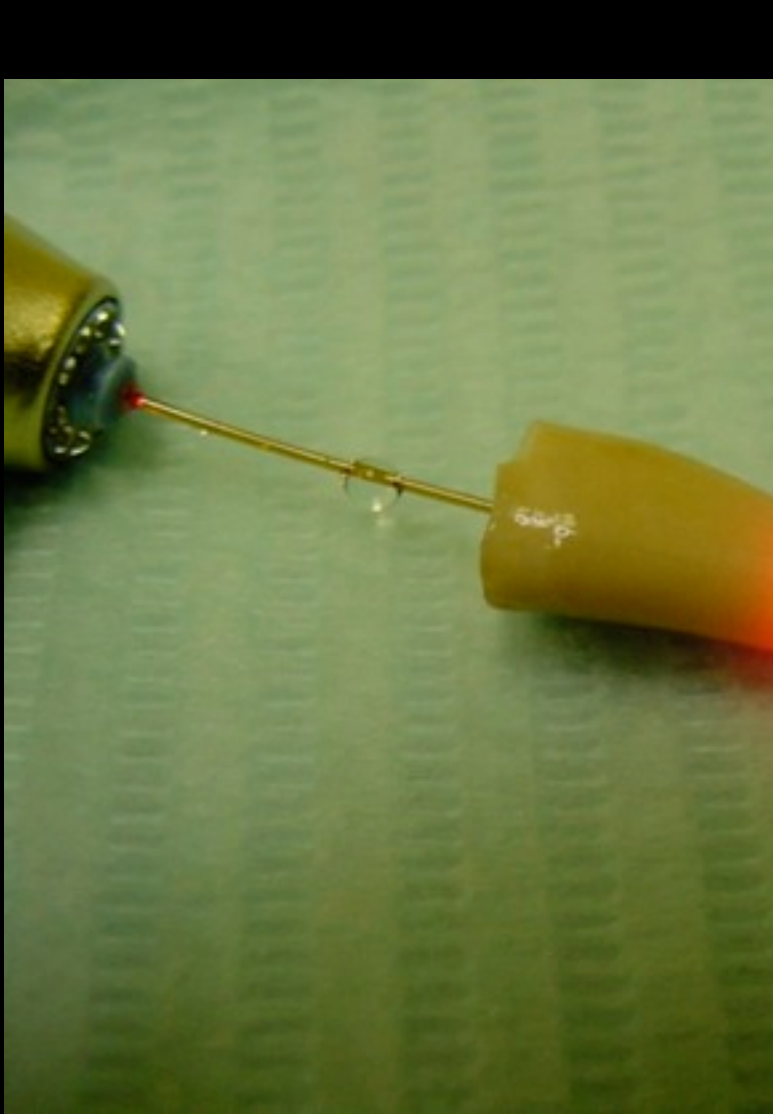


Volume 7 • Number 2  
**SUMMER  
2007**

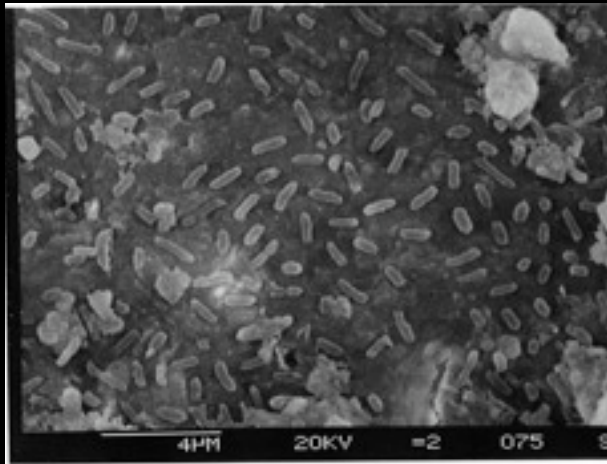




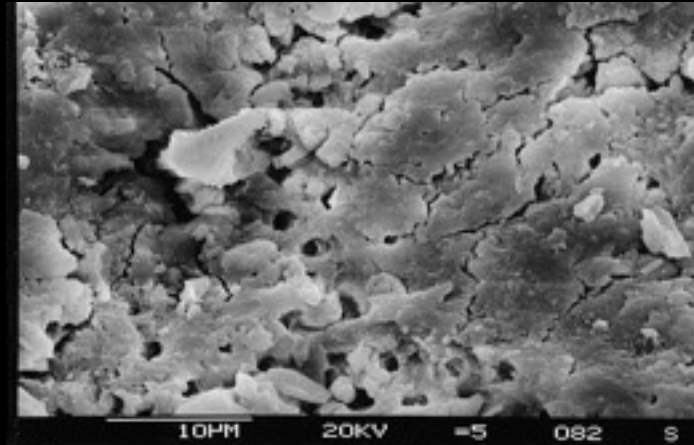




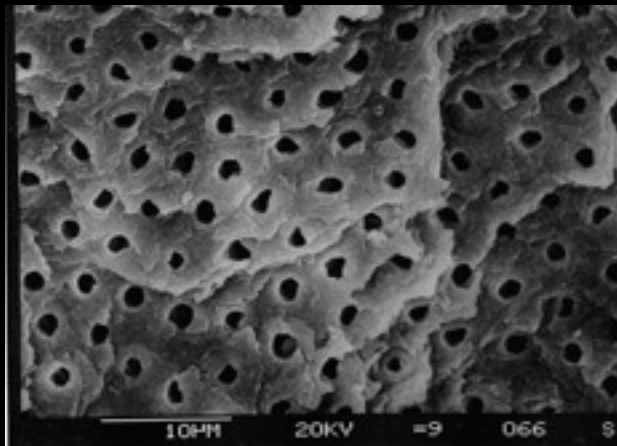
# Laser Assisted Endodontics



Crown Down-Profile



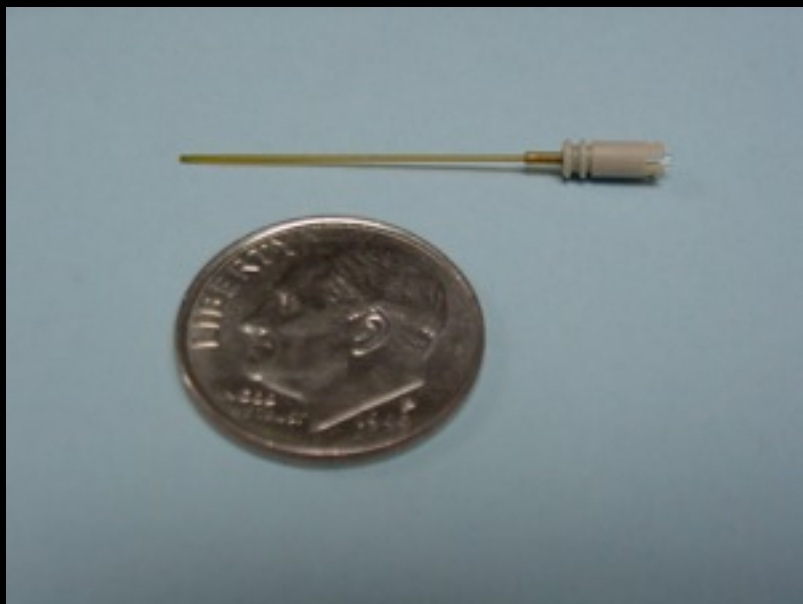
K-File Stepback



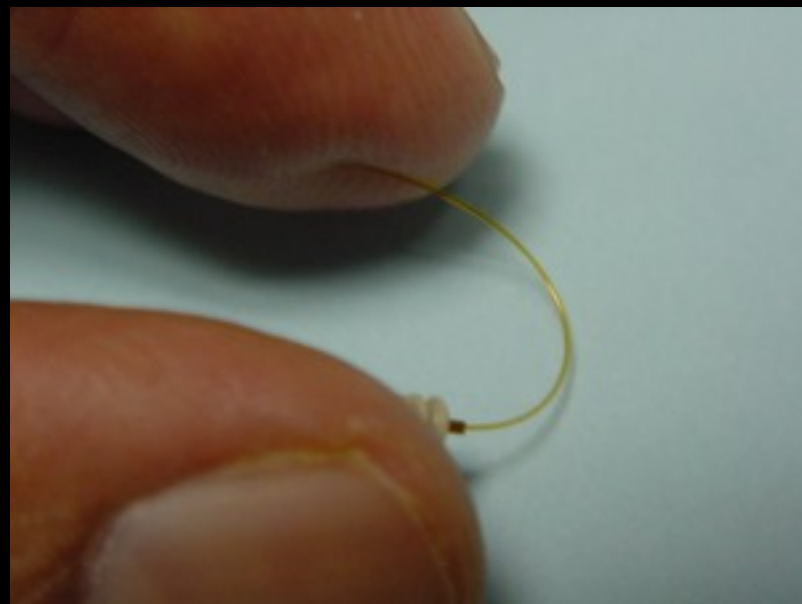
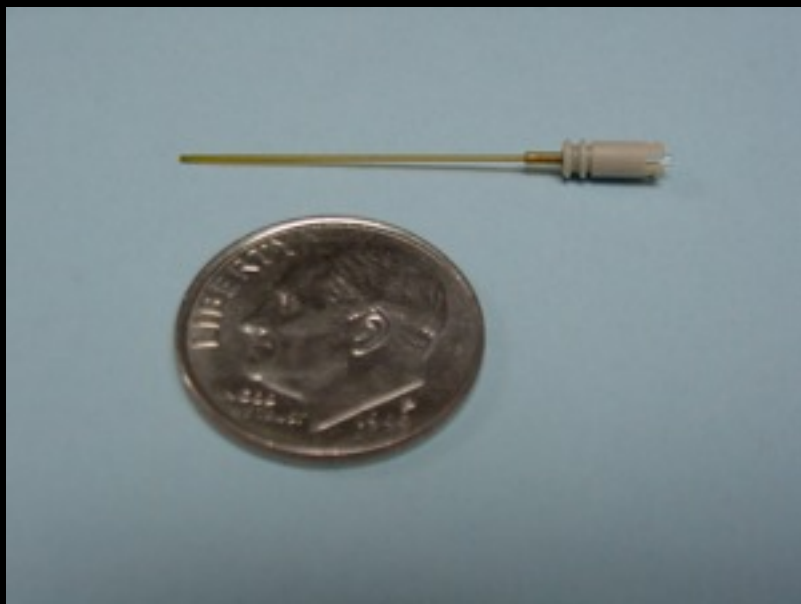
Crown Down-YSGG Stepback

SEM@2000 mag





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preop



postop

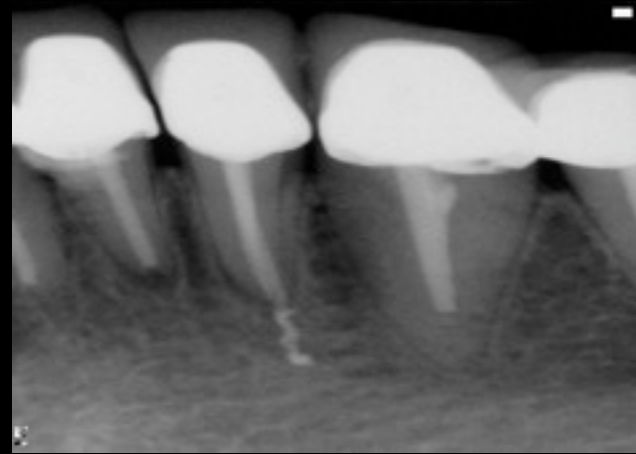


preop

postop in 6 weeks



preop



postop in 6 weeks

## Penetration Depths

Bacteria 1000microns

Chemical Rinses 100microns

YSGG greater than 1000microns

\*Laser energy can penetrate deeper than  
bacteria can hide!



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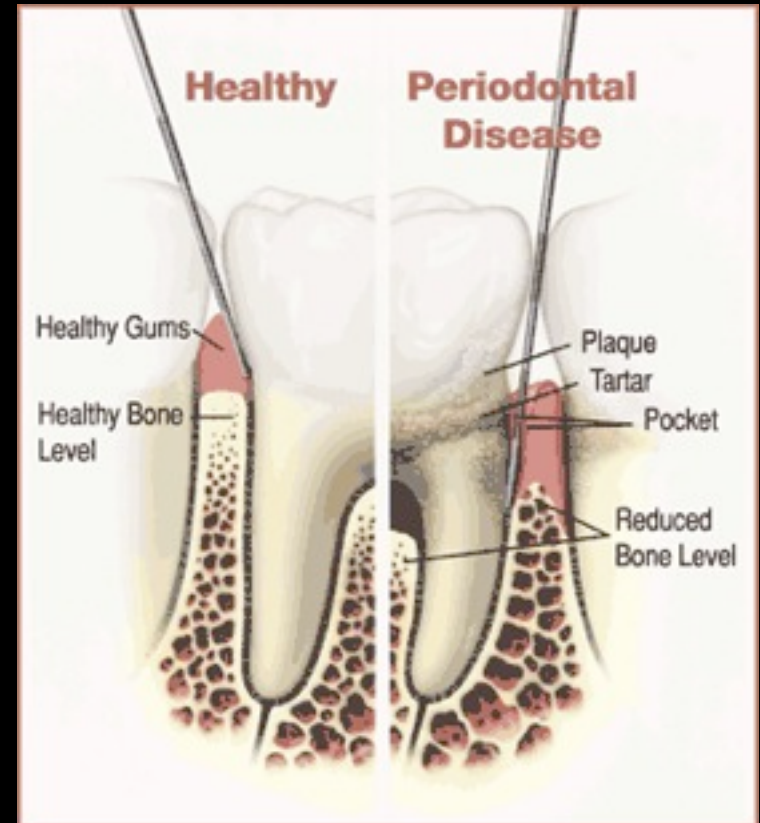
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- Periodontal disease is a chronic **BACTERIAL** infection that affects the gum and bone supporting the teeth



- What if you had a tool that could accomplish treating the gum and bone?
- Key Factor in Decision Making: Periodontal Disease is a BACTERIAL Infection

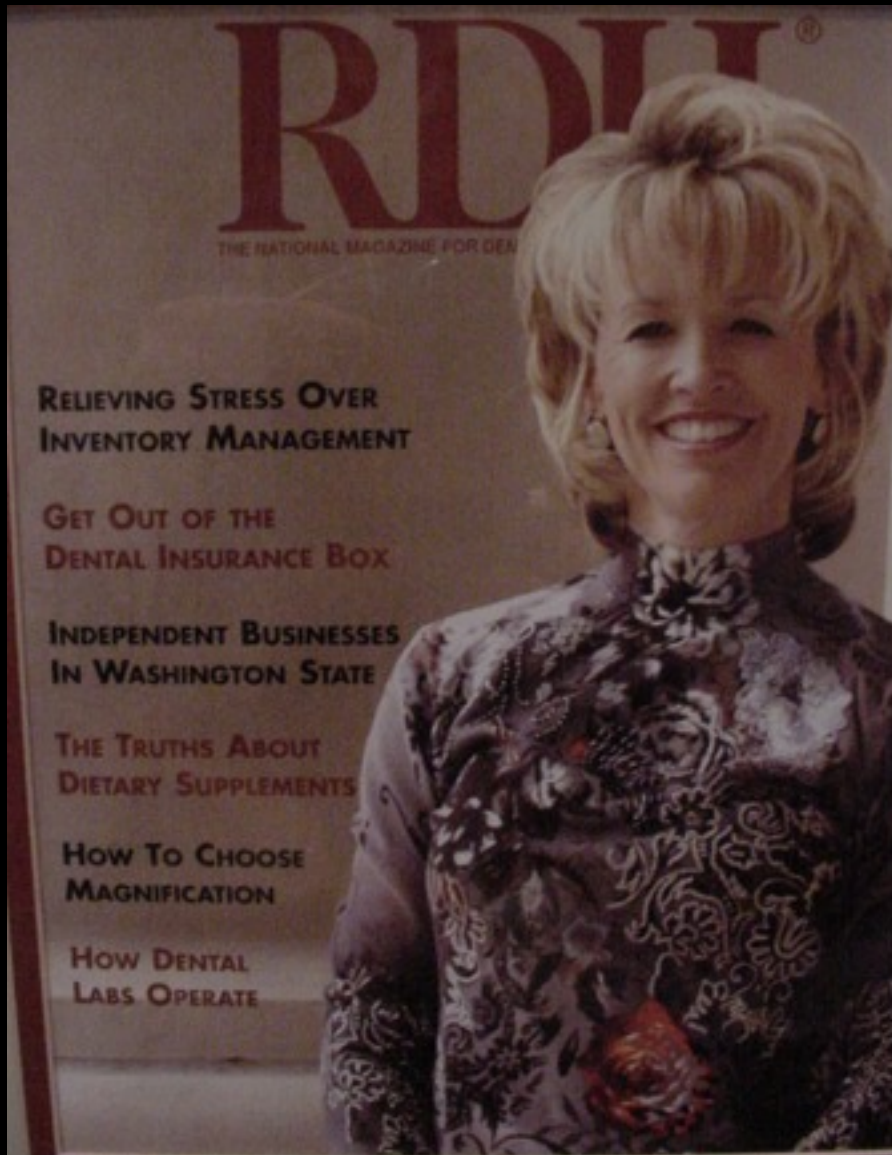
- What if you had a tool that could accomplish treating the gum and bone?
- Key Factor in Decision Making: Periodontal Disease is a BACTERIAL Infection







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May 2004

1200+ laser  
hygiene  
procedures

## General Guidelines

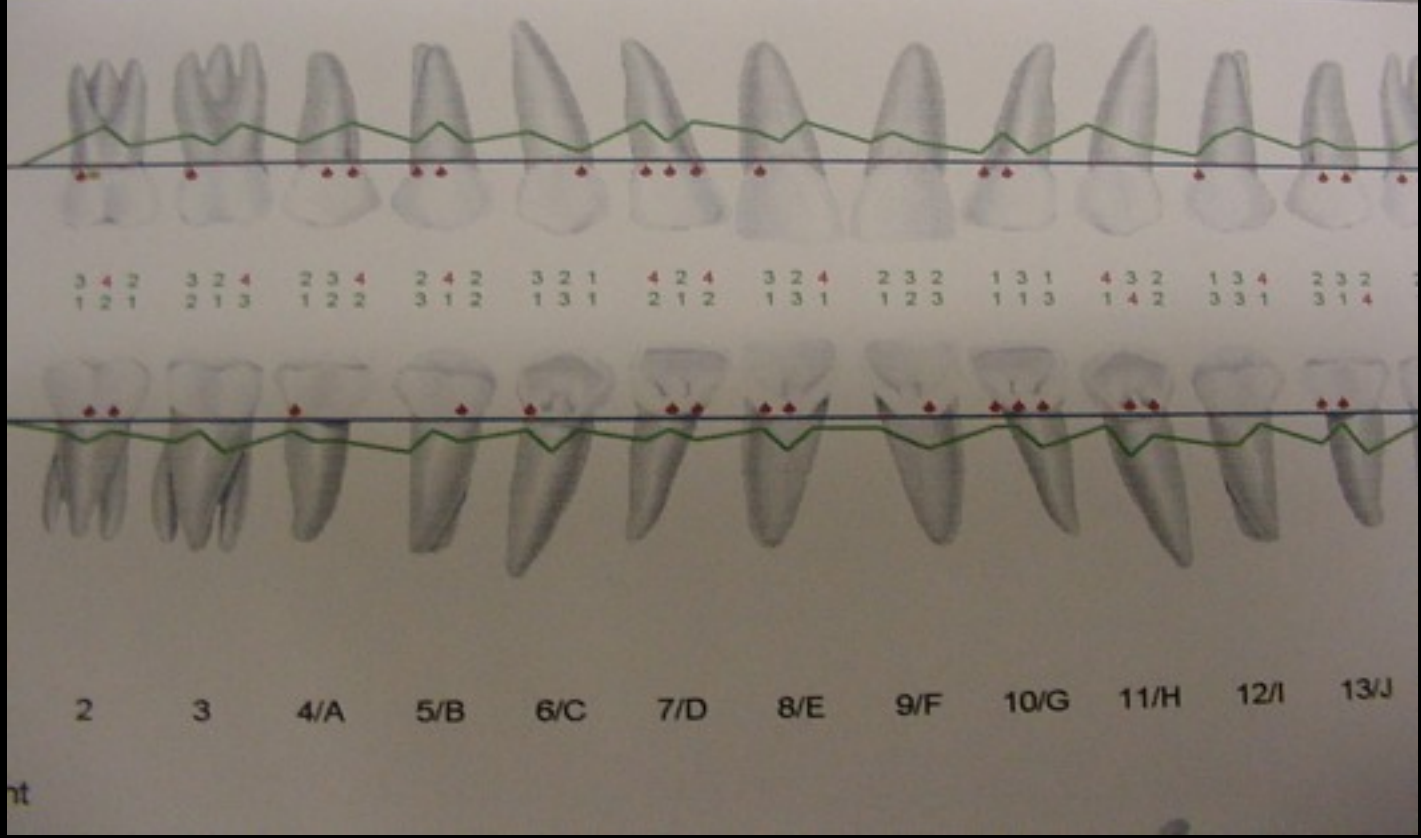
Document full probe readings, including bleeding on probing, at initial appt. (should include a gross supragingival scaling of teeth)

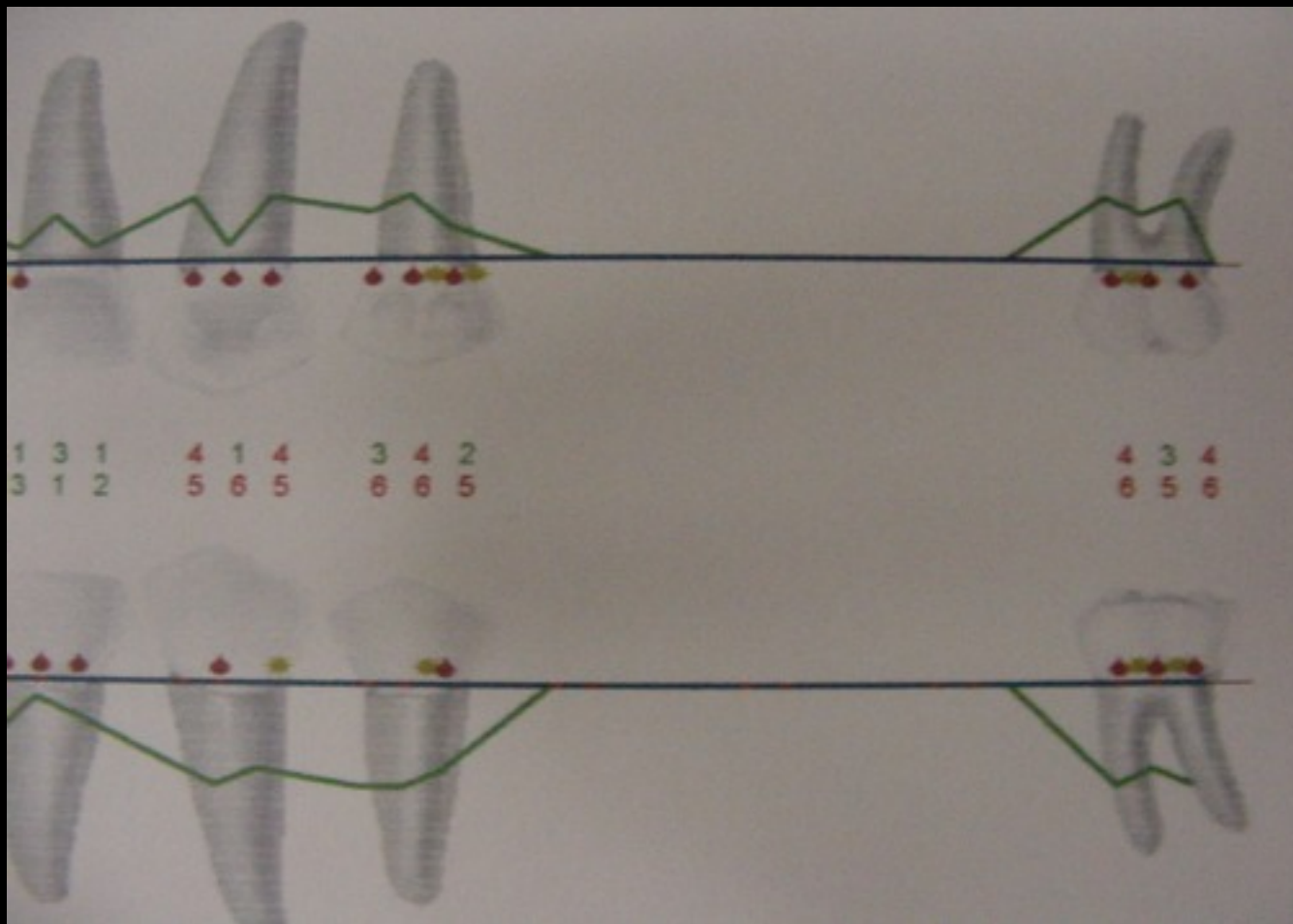
Lase any areas that bleed on probing, even if less than 4mm. Pockets under 4mm may only need to be decontaminated.

Determine whether sulcular debridement is necessary by the appearance of the tissue. If the tissue is bulbous, debridement followed by pocket decontamination is indicated.

Review probing depths and devise a treatment plan, starting with the deepest pockets as these areas will be retreated at subsequent sessions.

Patient ID: 59101      SSN #: [REDACTED]      Chart #: [REDACTED]  
 Current Chart      Dates: 09/13/05 (saved) 09/14/2005 (pr)





- Healthy                    1-3mm                    Initial
- Gingivitis                    1-3mm                    Plus Laser
- Early Perio                    4mm                    1 session
- Slight Perio                    5mm                    2 sessions
- Mod. Perio                    6mm                    3 sessions
- Adv. Perio                    7+mm                    4+ sessions
- Rule of Thumb: deepest pocket  
measurement-3= # sessions needed

- Typical Session
  1. Anesthesia/Analgesia if necessary
  2. Laser Bacterial Reduction (Decontamination)
  3. Ultrasonic Scaling
  4. Hand Instrumentation
  5. Laser Debridement (curettage) pockets above 4mm

- Typical Session continued
6. Subgingival Irrigation with HP-CHX
  7. Repeat LBR
  8. Post-op Instructions
  9. Home Care Instructions

**THIS PROGRAM IS CONTINUAL!**



Carranza  
2006

↑  
Connective Tissue 1.0m

Biologic

Width

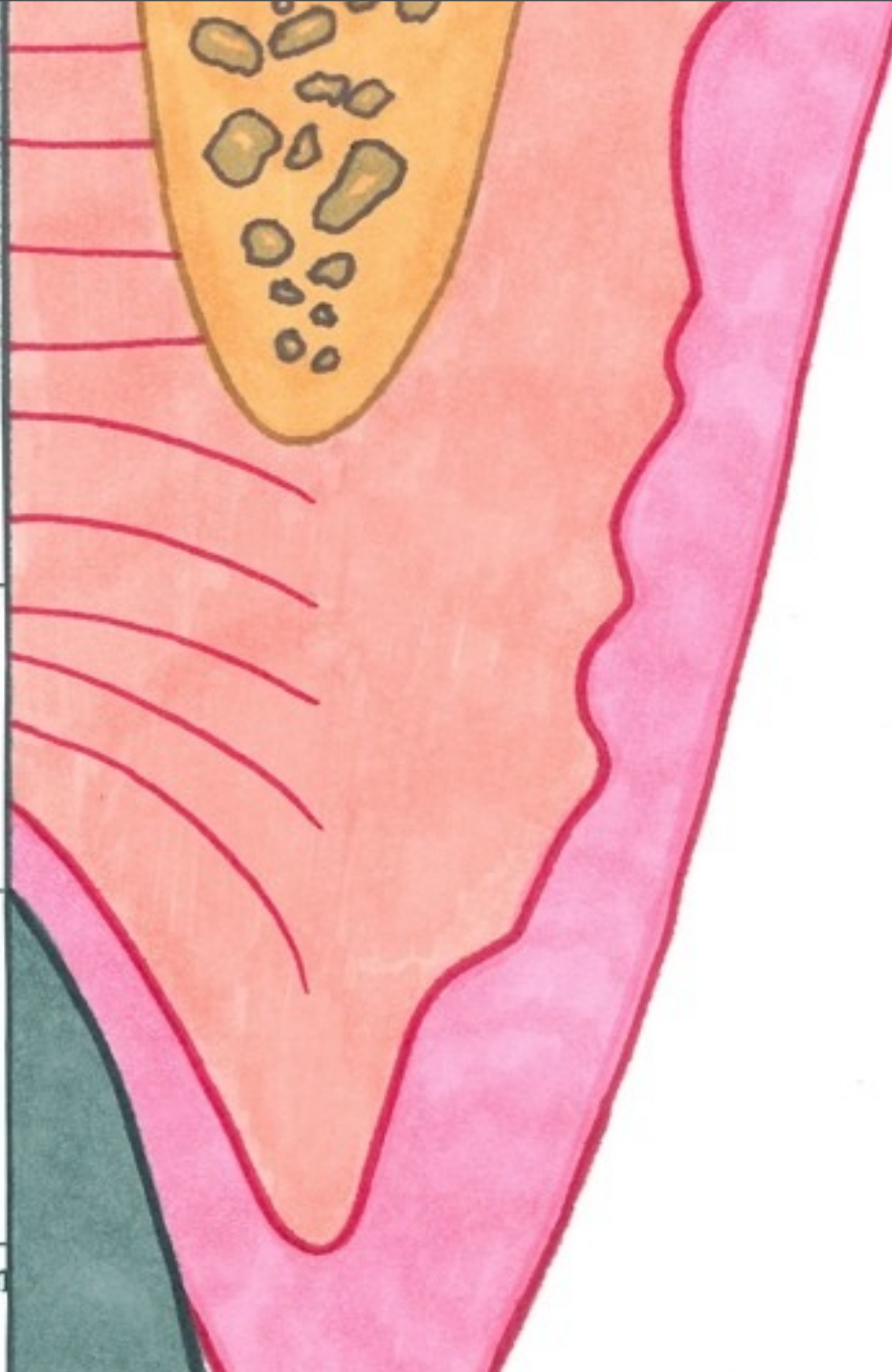
2.0mm

Junctional Epithelium

↓

Sulcus

1.0mm



.25W 7% water 11% air 20 PPS

Laser Bacterial Reduction

.25W 7% water 11% air 20 PPS



Laser Bacterial Reduction

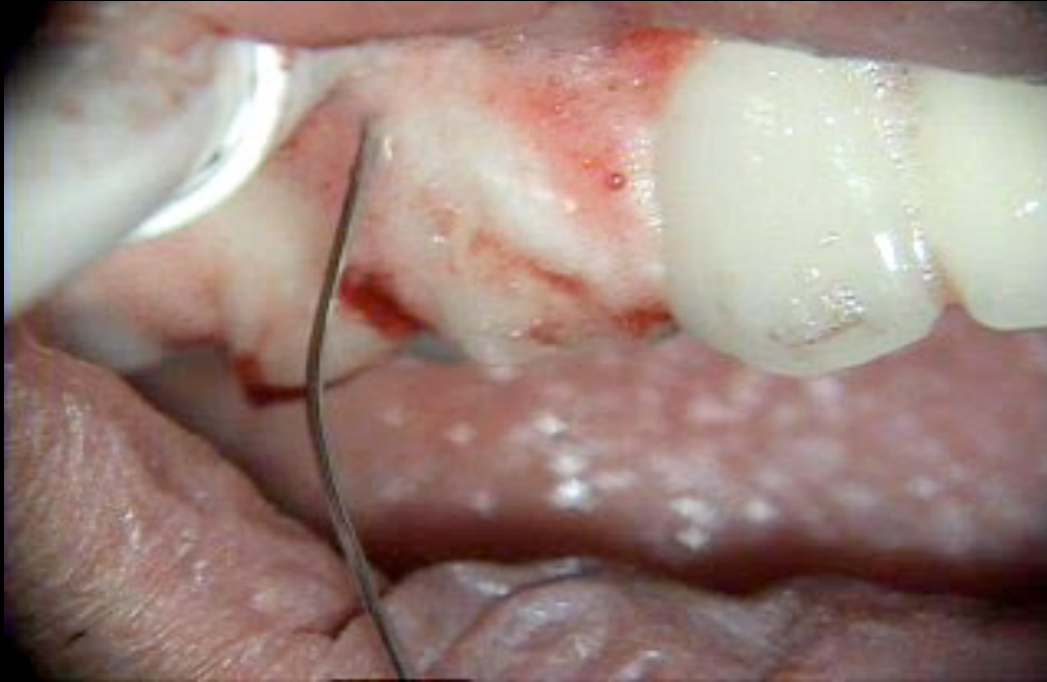
- PSRP

- PSRP



- Hydrogen peroxide and Chlorhexadine

- Hydrogen peroxide and Chlorhexadine



- Flush thoroughly with water

- Flush thoroughly with water



- .5-.75W 15% water 25% air 20 PPS

Laser Debridement

- .5-.75W 15% water 25% air 20 PPS



## Laser Debridement

.25W 7% water 11% air 20 PPS

.25W 7% water 11% air 20 PPS



- The ultimate goal is to reduce pocket depth below 4mm and no bleeding on probing.
- The picture of health is always beautiful!



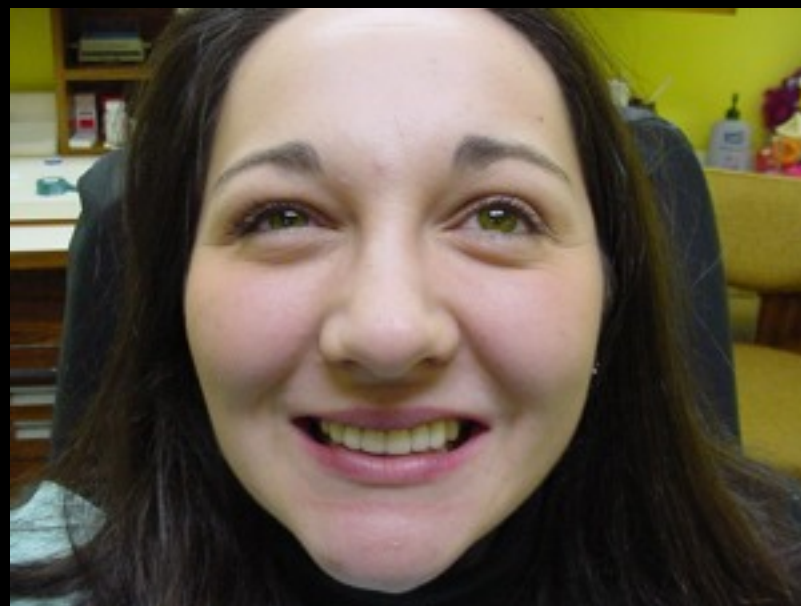


*Cassie*  
**DENTAL CENTER**

**IMPROVING LIVES ONE  
SMILE AT A TIME**







Tuesday, April 6, 2010



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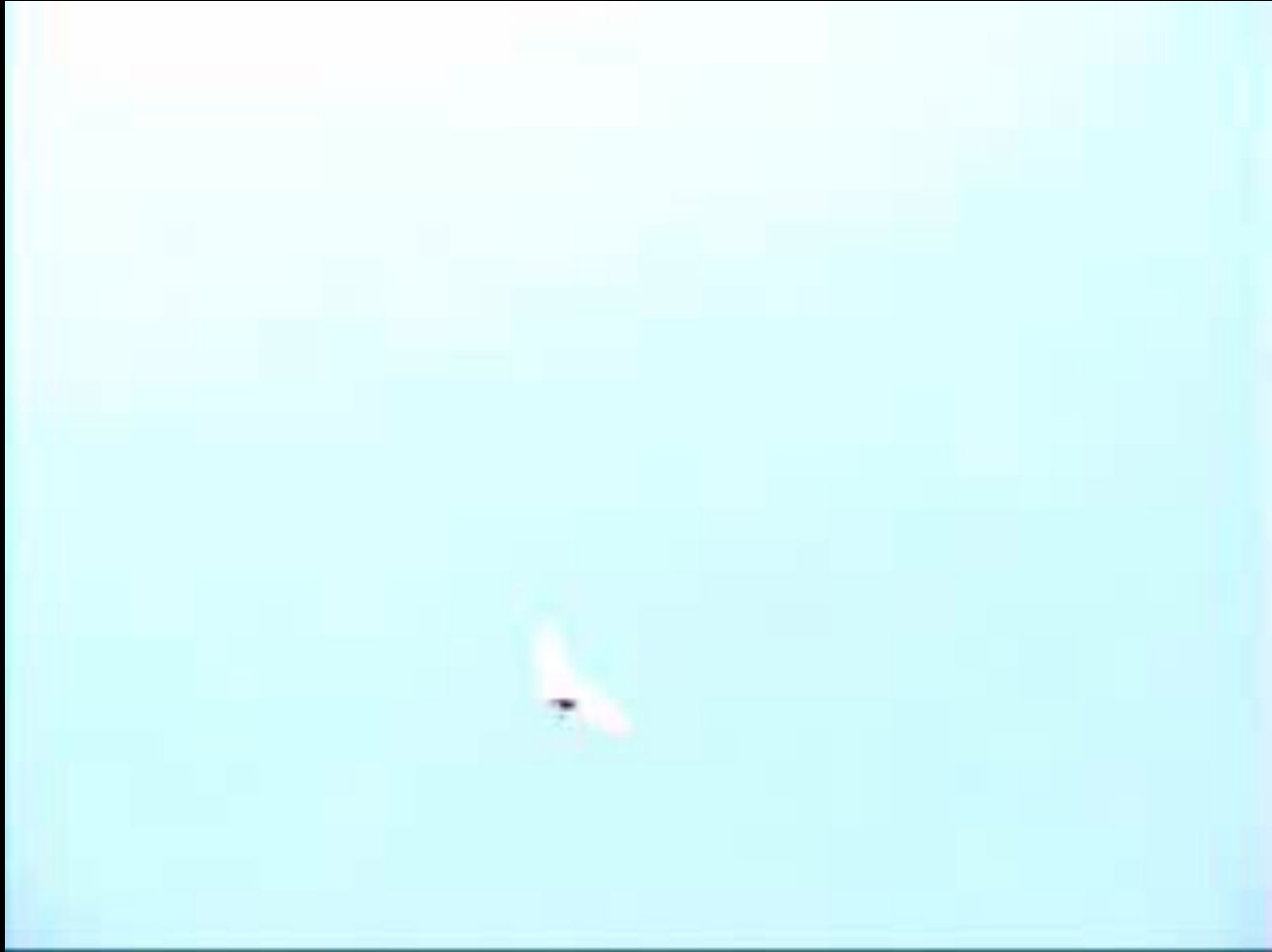




# Time for Hard and Soft Tissue Demonstrations!

# Hangin' Out in Chattanooga!

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Do your work with your whole heart  
and you will succeed-there is so little  
competition.

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and you will succeed-there is so little  
competition.

Elbert Hubbard, 1865-1915  
American writer




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